



Gate City Striders eBoard Meeting Agenda

Meeting Date:
February 8, 2023

Start Time/Location:
7:15 pm IN PERSON - Nashua YMCA

Attendees:

<input type="checkbox"/>	Kristen MacWilliams	x	Amanda Naro via google meet
x	Trevor Ward	x	Tara Roark-Towle
X	Michelle Treworgy Robinson arrived at 742		
x	Carolanne Taylor	x	Steve Rouleau
x	Johanna Lisle Newbold	X	Phil Petschek joined at 8:04p.m.
x	Brandyn Naro via google meet	x	Carolina Tumminelli via google meet

Guests:

- **Opening Remarks (Steve Rouleau)**

- **Secretary's Report (Carolina Tumminelli)**

- January minutes - Minutes accepted

- **Treasurer's Report (Kristen MacWilliams & Michelle Treworgy Robinson)**

Michelle's concern: the regular accounts are at TD Bank, and 6 CDs at Citizens (each \$5,000 - due every 6 months) In December and January, we cashed out two of the cds. Kristen wants Mchelle to cash out all 4 of them - waiting on maturity dates. But she is concerned about why we are doing that - and putting all the money into one bank. We had discussed it previously, to try and consolidate the cash flow. And the account is pretty healthy now, so maybe we should leave the other 4. Or is the consolidation to open up CDs at TD Bank. What is the more reasonable course of action there - Michelle and Kristen will talk and then send it out to the board to discuss it.

The fees to pull the CDs are not just on the interest - they will actually take a \$50 fee plus - and would cost almost \$75 to pull each of them out.

Brandyn - motion to table closing the remaining CDs until Michelle & Kristen can discuss and present what might be the most fiscally responsible thing to do. But we can move the one that is due 2/15/2023 because there won't be penalties. There may be other opportunities like savings accounts, etc. Johanna seconds the motion. All in favor - passes unanimously.

Michelle & Kristen - one of them will reach out to the Dunhom family re: the check that just got cashed from 2019.

- **Committee Reports**

- **Sponsorship/Outreach**

- Updates: none

- **Membership (Trevor Ward)**

- Updates:
 - quiet time of year. a few new members, few renewals. Notices have been going out for 12/31/2022 expiration. Others have been getting reminders from Trevor and RunSignUP
 - \$2260 - in for this year for membership renewal but some of it is for multiple years, so “real” number for 2023 income is \$1860.

- **Communication (CarolAnne Donovan)**

- Items to include in next newsletter: Indoor track, FYB, Pennichuck group runs, boston bus, 2023 racing season as well as a note for looking out competition emails. Will try to get email out in the morning and will include CPTe night as well. will also include notice re: annual meeting.

- **Competition (Johanna Lisle Newbold & Tara Roark-Towle)**

- Boston Marathon Application and Awarding Process-
 - Boston Marathon Bus/Hotel-
 - Mountain Series-
 - NHGP-
 - NEGP- first race this weekend.
 - Cross Country
 - Mt. Washington Bibs - working on the apps for bibs. Have only had one person put in for a bib - deadline is saturday. If we don't have 5 people step up for the bibs, we will reach out to RD to see if we have to return all 5 bibs, or can keep just the 1 out of the 5. Tara will reach out to the RD to see what we need to do about that.
 - We need captains for X country and Mountain series.
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 - **Race Reimbursement - it has been updated on the website.**

- **Social (Amanda Naro)**

- Hall of Fame –
 - Best of Boston/Henri Renaud Awards - 5/15/2023. Deposit put in. Andy is checking with Dave McGillivray to see if he can come to Best of Boston

- Scholarship Night -
- Health & Wellness Night :
- Ultimate Runner Night -
- Candlelight relay/Bell Lap celebration
- Annual Meeting - **March 13, 2023**. Deposit put in. Board Members need to present, if not able to attend please send something to Amanda, Brandyn & Steve.
 - New member Committee meeting last week - Brandyn might want to present something at the annual meeting, if he can get some stuff together for the subcommittee and out to the Board beforehand.
 - Brandyn will also make another presentation re: HeyLo
 - Brandyn would also like to let members know who is running for office to get people aware of it.
 - Brandyn will also look at the bylaws to see what happens if someone else wants to run for a position while at the annual meeting.
- Awards dinner - date: - January 20, 2023, went very well. Had about 70 people RSVP, some people didn't come because of weather or sickness, but still higher than prior year. We were under budget. Total expenses \$2,300. We had the 50/50 raffle - Phil won it, and said to keep all the money for the club. Idea was to earmark it for youth services - maybe half for Fit U and half for Pal. So we need to discuss that. \$315 total.
 - Motion to take proceeds - half to Pal and Half to Fit U - seconded by Tara. All in favor - passes unanimously.
 - Amanda has the cash and will get it to Michelle to deposit.
- new member committee -
- CPTC event - 2/9/2023.
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- **Training -**
 - Winter Track -
 - Wednesday group - Phil would like to discuss giving membership to those doing the Wednesday night group, similar to what we do for Couch to 5K groups.
 - Tuesday night - going well. About double from last year.
 - Wednesday night - about 8-10 people. is trying to incorporate some more of the couch to 5K program as well.
 - Spring/Summer/Fall Track -
 - Couch to 5k - **George is stepping down after this year. We will need a coach for next year. Johanna can do the administrative stuff, etc, but cannot commit to being at the runs, etc.**
- **Events/Races**

- Freeze Your Buns: have had good numbers, 220 runners the first 2 races, 215 the 3rd race (in person and virtual). \$3,621 total registration. expenses about \$1,000. Netting about \$500 with the shirts because of volume discounts.
- Pack Monadnock 10 Miler - 5/21/2023. registration is open. Brian has Susanne helping with volunteer recruitment.
- PAL Track & Field
- PAL XC -
- Summer Trail Series (Rob Fiero) -
- Fitness University (Carolina Tumminelli) -
- Mill Cities Relay -
- Novemberfest -
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- **Community Outreach -**
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- Other
- Elections - See above.

Motion to go into Executive Session -

[REDACTED]

Phil has been asked a number of times for the Wednesday night group - does it include

the membership like it does the Couch to 5K. We would have to figure out the finances since we did not allocate those expenses beforehand so that the program doesn't run into a deficit.

With the couch to 5K program, if they are members then they only have to pay \$50, but if they aren't members it is more expensive and includes membership.

Is it worth maybe waiving the membership fee in the hopes that they stick around, etc.

Maybe in the future, have one price for current members, and another price for people who are not members that includes membership fees, maybe at a discount.

Something to contemplate for 2024 season.

Brandyn - thanking all the outgoing board members for their time.

Reminder the March meeting will be March 15, 2023 AFTER the annual meeting on March 13th.

- **Adjourn Meeting - motion: Phil Seconded: Tara**
- ***Next Meeting: March 15, 2023 @ 7:15p.m. at Nashua YMCA***