

2023 Mine Falls Summer Trail Series Race Application

Runners only need to complete one application per season

Name: _____

Age: _____ I Identify as (M, F or non-binary): _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

In Case of Emergency Contact & Phone: _____

T-Shirt Cut/Size (shirts run small) *Note: runner must complete 8 of the 10 races to receive t-shirt*

F-XS	F-SMALL	F-MED	F-LARGE	F-XL	F-XXL	M-XS	M-SMALL	M-MED	M-LARGE	M-XL	M-XXL
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In Person Disclaimer:

I know that running, trail running and volunteering for a road or trail race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the event, The Gate City Striders, the City of Nashua, New Hampshire, all cities and towns, all volunteers including the race committee, sponsors, and vendors, and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my name, my photograph, motion pictures, recordings or any other record of this event for any legitimate purpose. I further agree to receive emails from the organizer for information and advertising for this and subsequent events. I also understand that all fees are NON-REFUNDABLE and NON- TRANSFERABLE. I understand that this event does not provide for refunds in the event of a cancellation, and by signing this waiver, I consent that I am not entitled to a refund if the event is cancelled before or during the event.

Virtual Disclaimer:

I know that running in an event that is organized as a virtual activity where I run on my own, at a date and time of my choosing, in a location and running route of my choosing, which will not have any support or security measures in place by The Gate City Striders is a potentially hazardous activity, which could result in injury or death. I acknowledge that I am participating in the activity outlined by this virtual event by my own free will and at my own personal risk. I will not participate in a virtual event unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to follow all pedestrian safety ordinances including running on a sidewalk where available and not in the road. I agree to follow the rules of the road if no sidewalk or multi-use trail is available, and I will run against oncoming traffic and not with traffic.

Signature (Parent's signature if under 18): _____ Date: _____

Official Use Only

Bib _____

1	2	3	4	5
6	7	8	9	10

Full 10 Week Series:

\$90 Adult 19-61 / \$75 Adult 62+ / \$45 Under 18

Per Race: \$10 Adult / \$5 Under 18