



Gate City Striders eBoard Meeting Agenda

Meeting Date:
August 10, 2022

Start Time/Location:
7:15 pm IN PERSON - Nashua YMCA

Attendees:

X	Kristen MacWilliams	x	Amanda Naro
X	Trevor Ward	x	Tara Roark-Towle
<input type="checkbox"/>	Michelle Treworgy Robinson		
x	Carolanne Donovan	x	Steve Rouleau
<input type="checkbox"/>	Rob Fiero	X	Phil Petschek
x	Brandyn Naro	x	Carolina Tumminelli
x	Johanna Lisle Newbold		

Guests:

▪ **Opening Remarks (Steve Rouleau) (5 minutes).**

Brought to Steve's attention that some of the things brought up in the Executive Session were brought up to people outside of the Board. NO formal Complaint. Reminder to all board members that anything within the Executive Session stays within the Board and are not to be discussed outside of Executive Session. The people who gave Steve the information wished to remain anonymous and chose not to lodge formal complaints.

Nominating Committee for positions - waiting to hear back from Michelle, Kristen & Brandyn have accepted to be on the nominating. Brandyn is planning to reach out to everyone re: plans for staying on the Board etc? There will be a lot of vacancies next year. Have to post the vacancies by October?

▪ **Secretary's Report (Carolina Tumminelli) (1-2 minutes)**

- June Minutes - Minutes accepted.
- Rob Fiero's resignation - Carolina - It is disappointing that Rob felt he had to take this course of action, as he has been an important part of the Board and the club. His contributions and efforts will be missed.

▪ **Treasurer's Report (Kristen MacWilliams & Michelle Treworgy Robinson) (10 minutes)**

Update Kristen sent out the financials the other day, nothing remarkable to comment on. On the Youth Programs - Track & Field is correct - no update yet on PAL, Johanna still playing tag with PAL. Johanna asked that any excess funds be marked as for PAL so it can be used for future PAL programs.

Motion on the table - to assign those funds to whatever Youth track & field funds are available be earmarked so. **Motion: Johanna, Tara: seconded. Unanimous.**

Kristen is now getting the membership renewals from Trevor. Membership numbers are very off. Trevor can get Kristen reports from Runsignup. etc.

has tried to get all recurring charges transferred over to her debit card, but needs to make sure she has covered them all.

Wanted to share the thank you card from Matt Towle -

Kristen is moving out of state after Labor Day, will continue to serve as treasurer remotely.

Credit card?

- **Committee Reports**

- **Sponsorship/Outreach (5 minutes)**

- Updates:

- **Membership (Trevor Ward) (5 minutes)**

- Updates: pretty slow right now. about 20 new members in the last 2 months, just under \$5,000 in income for 2022 so far.
 - about 30 members that expired at the end of July that haven't renewed yet. Trevor waits about 3 months before he removes people from the lists, etc.

- **Communication (CarolAnne Donovan) (5 minutes)**

- paid thru February for Constant Contact.
 - relies on monthly meetings re: new information, but wants people to email her with things to go into the meetings.
 - Phil: maybe recognition for some of our program directors/race directors/program coordinators/directors for certain groups/etc. - maybe tagging of people when posted on FB.
 - maybe bring back Runner of The Month?
 - When we sent out the emails to past members who didn't renew, we got three new members.

- now with Mark Crane and Rob Fiero stepping down, CA is stepping up to help out with updating the website, along with Mark and Rob.

- **Competition (Johanna Lisle Newbold & Tara Roark-Towle) (5 minutes)**
 - Boston Marathon Application and Awarding Process-
 - Updating the process? Subcommittee (Johanna, Brandyn, Phil, Rob) - nothing quite yet - Johanna had gotten bogged down with Track & Field. Will start back up once school has started
 - Boston Marathon Bus/Hotel- Agreed on Budget - \$4,500 - voted on during the break, bus to/from, if we cancel after end of March, we lose all deposits. hotel has been reserved - Hotel Commonwealth - just one room.
 - Mountain Series- there are 3 races left,
 - NHGP- Doing very well, most of our runners are competing here.
 - Will do another NHGP 5K on the track - 8/18.
 - NEGP- the 50s womens team is in 4th place overall.
 - Cross Country - season is starting soon. Tara is trying to find some runners to join up.

- **Social (Amanda Naro) (10 minutes)**
 - Updates
 - Hall of Fame – no updates
 - Best of Boston/Henri Renaud Awards (Amanda Naro) -
 - Scholarship Night - June 22nd -
 - Health & Wellness Night (Amanda Naro): **August 17th - have 11 vendors coming, Cookies from Miriam Keri instead of ice cream.**
 - Ultimate Runner Night - July 20th
 - Candlelight relay/Bell Lap celebration October 19th - will probably stick with pizza at track right after, instead of going somewhere else.
 - Annual Meeting (no updates)
 - Awards dinner - (no updates) - will reach out to NCC for dates. Will also reach out to Sky Meadow to see if it is more affordable there.
 - New member gatherings - subcommittee -
 - Haywards Run - member only run - August. Amanda will need some volunteers as well - will send out the request.

- Hopefully track will be able to move over to Nashua South in September when Track there is finished.
- new member committee - working draft on how to modify letters to new members, potential changes to new member questions. Hoping to get a meeting together to work more towards some of the goals of the new member committee.
 - should we send something out in the physical mail - but then will old members complain that they didn't get anything. maybe try and go back 3 years. .

- **Training (5 minutes) -**
 - Winter Track - no updates
 - Spring/Summer/Fall Track - good numbers at track. half marathon workouts have been the bigger of the two.
 - Couch to 5k - only one person tonight. the last couple of times has been 3-5 people.

- **Events/Races**
 - Freeze Your Buns:
 - update on remaining t-shirts to runners who paid for them: Steve has been talking with RD Rob Lembree who got him the list of shirts, and is working with Richie to get the list of email addresses.
 - Gift Cards Issue to Volunteers - Steve will follow up.
 - Tara voiced some concerns re: when she volunteered - seemed disorganized.
 - Maybe consider having more than one RD, etc.
 - maybe have some best practices for races etc.

 - Gate City Marathon/Gate City Running Festival (5 minutes) -
 FINAL RECAP?? a few expenses finally finalized - the second portopotty vendor - finally settled on a cost with them - discount given, and also decided internally not to use it - ASP Site Services. Leftover gift cards - not used - will be using for FYB for awards to absorb the costs, and some of the larger ones for annual meeting, etc.

- Subcommittee for new signature event? nothing decided yet for 2023. Sent out 1 or 2 email blasts to membership - no one has reached out yet - maybe because it is summer. Will try another blast in september to see if we get any traction to get people to help out or what does it mean if we don't. Give it another month or so. Maybe post it in the discussion group too to try and get responses. Maybe put a poll up in the discussion group to get something to build up - type of event, time of year,
- Pack Monadnock 10 Miler no updates.
- **PAL Track & Field (1-2 minutes) Johanna - season is over, about 40 registrants, it is now USATF dominated so you need a number to be able to compete - parents have to pay for registration and pay for USATF numbers. picked up 2 coaches along the way to support the kids, PAL covered omse replacement equipment, - had a 14 year old who was amazing with the javelin so picked up the equipment for him so he could practice correctly. Program covered the meet fees for some of the races - 12 qualified for regionals in Maine, and then had 10 qualify for Nationals in California. Two parents were talked in to going by their children - and 1 girl came in 17th in the country in her age group for long jump. Now better prepared for next year, Dustin, the coach, would like us to run an all comers meet so we can have a race that kids can run without a USATF number - will need support from the Board if it is still part of GCS. JOhanna has started to look into the costs for having our own race - would need to pay for a groundskeeper to keep the bathrooms open, would not need to pay for use of the track at Nashua North, do not need to pay for the equipment, etc. Will have to look into timing, etc. maybe coordinate with the Greater Lowell team to work with them.**
- PAL XC - Steve will connect with Tom and Jen re: coaching situation.
- Summer Trail Series (Rob Fiero)- (1-2 minutes) -
- Fitness University (Carolina Tumminelli) - (1-2 minutes) - Good event - about on average 75 kids each session. Lots of happy faces. Send out a final email - and put in if anyone wants to RD it?
 - It is our community outreach program
 - maybe find some other organization to take over?
 - NEED TO FIND NEXt PERSON TO TAKE OVER
- Mill Cities Relay - (1-2 minutes) Will start to recruit for this year.
- Novemberfest no updates
- **Community Outreach -**

- Roadside cleanups? Steve will check with Deb re: roadside cleanups.
 - NO updates
- **Other**
 - Issue regarding deleted posts on FB; etc.
 - Do we want to talk about it now or table it for September. Was one of the issues raised by Rob F. Were able to determine it wasn't one of the board members who deleted it. If an admin deletes a post it will state that.
 - Shed cleanup? - Brandyn will talk to Rob F. about the shed cleanup
 - any other loose ends to discuss with Rob F.
- **Adjourn Meeting - motion: Kristen Seconded: Johanna.**
- **Next Meeting: September 14, 2022 @ 7:15p.m. at Nashua YMCA**