



Gate City Striders eBoard Meeting Agenda

Meeting Date:
May 11, 2022

Start Time/Location:
7:15 pm IN PERSON - Nashua YMCA

Attendees:

X	Kristen MacWilliams	X	Amanda Naro - via zoom
X	Trevor Ward - via zoom	X	Tara Roark-Towle
X	Michelle Treworgy Robinson	X	Scott Rogers
<input type="checkbox"/>	Carolanne Donovan	X	Steve Rouleau
X	Rob Fiero	X	Phil Petschek
X	Brandyn Naro	X	Carolina Tumminelli
X	Johanna Lisle Newbold		

Guests: Mark Furler

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- **Opening Remarks (Steve Rouleau) (5 minutes).**
 - **Secretary's Report (Carolina Tumminelli) (1-2 minutes)**
 - April Minutes - Minutes accepted.
 - **Steve will get CKT the minutes from the annual meeting to get together and published**
 - **Treasurer's Report (Kristen MacWilliams & Michelle Treworgy Robinson) (10 minutes)**

Still waiting for some registration fees to come in for Pack so income should go up.
 Gate City Festival - issue with awards from Ashworth. Ashworth has not gotten the check yet - Mark is working on it and got a check from Kristen in case the check is not received. Mark is going to Ashworth on Friday.
 Some new membership dues.

PAL - registration fees have not transferred over yet from RunReg. - Kristen will have to look into it with Diane.

Michelle will handle insurance issues/etc. Kristen will handle the financial stuff and then will teach Michelle.
 - **Committee Reports**
 - **Sponsorship/Outreach (5 minutes)**

- Updates: no updates
- **Membership (Trevor Ward) (5 minutes)**
 - Updates: 32 new members - households. a lot from couch 2 5K - added in numbers from George. NOT sure if they are showing up in the financials yet. Trevor's numbers are off from what financials are showing \$4,080 showing up as income. when take out multiple year income - \$3950.
 - Will work with Kristin to coordinate the numbers.
 - There has been an increase in membership. Trevor will send out the spreadsheet in the next few days.
- **Communication (CarolAnne Donovan) (5 minutes) (updates sent via email)**
 - Has started sending newsletters every week because of all the events going on.
 - Next newsletter - next week will have the following:
 - Gate City Running Festival - last chance to signup and volunteers needed
 - Mine Falls Summer Trail Series
 - FitU
 - Race Reimbursement:
 - Outdoor Track
 - Yoga/Core Nights
 - Virtual 5K on the Track
 - PAL Track and Field
 - List of upcoming events
 - CarolAnne is still waiting on email lists from several races . Past participants will start to get a once-a-month update on upcoming events.
 - I've noticed whenever we need volunteers for a race people are using sign-up genius. I don't know if there's a fee to use that, but if so I can create sign-up forms for free with our Constant Contact account.
- **Competition (Johanna Lisle Newbold & Tara Roark-Towle) (5 minutes)**
 - Boston Marathon Application and Awarding Process- no updates
 - Boston Marathon Bus- Brandyn has been talking with Marcos re: bus and possible hotel next year. Marcos has been looking at hotels in the area and trying to get some prices together. In the next meeting, have a more formal proposal and/or approve a budget for what we can book for a hotel - historically we do 2 nights. Trevor says he could not imagine having to bring runner bags down the morning of the marathon.
 - Mountain Series- Wachsuett coming up on 5/28?
 - NHGP-

- Organized NHGP 5K get togethers? June 4th @ 8am and then a 2nd group at 9 (slightly slower group) - has a few people signed up on FB - anticipating some people just showing up like what happened last time.
- Budget - of \$20 for snacks - Motion by Tara. Phil seconded, all in favor.
- NEGP- Vermont City on 4/29
- Cross Country - hasn't released their schedule yet.
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- **Social (Amanda Naro) (10 minutes)**
 - Updates
 - Hall of Fame – no updates
 - Best of Boston/Henri Renaud Awards (Amanda Naro) - 5/16 -
 - Scholarship Night - June 22nd - as far as steve knows the names have been picked. Budget of \$250 for ice cream social at the track - Motion - seconded - Rob. Motion passes unanimously.
 - What about the Kona truck - but it is pretty expensive. Amanda reached out to Sundae Drive - they are booking out in August, so she is checking the date for health and wellness night. \$6/per person with a minimum of 50 people and a delivery fee of \$100. so with the minimum of 50 people it would be \$600 dollars.
 - Health & Wellness Night (Amanda Naro): Maybe Sundae Drive - Checking the date to see if they might be available.
 - Ultimate Runner Night -
 - Candlelight relay/Bell Lap celebration (no updates)
 - Annual Meeting (no updates)
 - Awards dinner - (no updates)
 - New member gatherings - subcommittee - Brandyn, Amanda, Kristin, Phil, & Michelle and Johanna. Planning to meet monthly to work on getting some new member events together - social gathering with a run at a local place for a couple of members to meet with new members. (first meeting of the committee is next Wednesday). will also reach out to try and get some non-board members to join the committee.
 - opening night of track - about 40 members - good turnout. was good having it at the track instead of offsite. was under budget.
 - Has reached out to Milford Drive-In to try and put an event together but has yet to hear back from them.

- **Training (5 minutes) -**

- Winter Track - no updates
- Spring/Summer/Fall Track -. had about 60 people tonight at track - some new members. Rob has been working with Tara, JOhanna and Amanda re: putting all the social events, track workouts, an FAQ, etc.
- Couch to 5k - good group, Phil has been working with them and trying to get them involved with other events, volunteering, etc.

- **Events/Races**

- Freeze Your Buns:
- Gate City Marathon/Gate City Running Festival (5 minutes) - Mark F. See above for issue with awards. Shirts, swag bag, etc ready for pickup.
 - Call from Nashua - approved permit, but not everyone has signed the permit - police department has not signed it. Nashua PD - meeting with Mark tomorrow - they do not have enough officers to fill the spots, let alone the detail. Looking at bringing in other police officers from other areas, possibly relaxing the rules - worst case scenario - last minute course change - 2 loops of 10K with a slight add on. Nashua PD said they rec'd the form for the police detail request, but didn't act on it because they didn't see the permit...dropped the ball. Talked with Jennifer Moriarty - seemed pretty optimistic that he could make it work somehow.
 - Also missing course monitor volunteer spots.
 - Registrations - 108 runners. 10K is the most popular distance - over half the registrants are 10K runners.
 - If you include the prior registrations, we are beyond breaking even...spitballing about \$6K in the black.
 - For next year, we will have a committee to explore what will happen next year, after reviewing this year's race. maybe put it out to the membership to have other members included in the discussion, etc.
- Pack Monadnock 10 Miler - Over 180 runners . It was a good event. Lots of people want to sign up for next year. Financials are still coming in.
- **PAL Track & Field (1-2 minutes) JOhanna - 31 registrants. Lots of new people to the program. Working with Judy Boire who was a coach in the past and has been helping JOhanna. Going really well so far. Starting to figure out meets**

because all meets require USATF numbers, etc. Looking for some guest coaches to try and teach Johanna how to coach etc.

- PAL XC - no updates.
- Summer Trail Series (Rob Fiero)- (1-2 minutes) - about 30 people registered for the season, registration had opened early but it hasn't been pushed too hard yet. Course will be an out and back but may change if the foot traffic is too bad. Will triple check the permit now.
- Fitness University (Carolina Tumminelli) - (1-2 minutes) - 98 registrants. will push for volunteers after the festival.
- Mill Cities Relay - (1-2 minutes) No updates
- Novemberfest no updates
- **Community Outreach (Scott Rogers) -**
 - Roadside cleanups? Steve will check with Deb re: roadside cleanups. Rob says we can use the flags for notifications/publicity, etc.
- **Other**
 - Scholarships - Andy Bragg, Chris Simard and Pual Donovan are the committee. In the budget we have \$2,000 - asking for an additional \$1,000 - they have 4 winners - so that each winner gets \$750. There are 4 deserving candidates. Motion by steve, Phil seconded - 11 in favor - 1 abstention, motion passes
 - Postcards? - Rob working on it.
 - Randy Race - Future In Sight has their new 5K race on 6/11 and Randy wanted to make sure that he could make a post about it on the GCS member page to promote it and try and get more people to sign up.
 - **Carolina makes a motion to go into Executive session regarding a member concern, Steve Seconded the Motion. All in favor, motion passes. Mark F. asked to leave the meeting. THESE MINUTES ARE WILL BE REDACTED FROM THE MINUTE TO BE PUBLISHED.**

[REDACTED]

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[REDACTED]

Back into regular session.
No other new business.

- **Adjourn Meeting - motion:Carolina Seconded:Rob**
- **Next Meeting: June 8, 2022 @ 7:15 - Nashua YMCA**