



Gate City Striders eBoard Meeting Agenda

Meeting Date:
November 10, 2021

Start Time/Location:
7:15 pm -Zoom

Attendees:

<input type="checkbox"/>	Jeremy Berger	X	Amanda Naro
X	Diane Clifford	X	Tara Roark-Towle
X	Mark Crane	X	Scott Rogers
X	Carolanne Donovan	X	Steve Rouleau
X	Rob Fiero	X	Phil Petschek
X	Mark Furler	X	Carolina Tumminelli
X	Christy Kervin	<input type="checkbox"/>	Trevor Ward
X	Johanna Lisle Newbold	<input type="checkbox"/>	

Guests:

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- **Opening Remarks (Steve Rouleau) (5 minutes).**

 - **Secretary's Report (Carolina Tumminelli) (1-2 minutes)**
 - October Minutes. Minutes accepted.

 - **Treasurer's Report (Diane Clifford) (10 minutes)**
 - Updates -
 - Activity since the last meeting - have had some revenue from Novemberfest but it is always just a wash.
 - Had Bell Lap pizza night expenses
 - This year the Mill City Alliance asked for some money up front because the cash flow is not what it was - so we had an \$800 outlay for that.
 - Made a donation to PAL cross country, waiting to confirm contact info with Brian Ruhm to Boy Scouts - amount will be less than what we stated at the meeting last minute. Brian had said it should be less. We had approved \$250, but will probably only give \$100 - and encourage them to have more participation next year
 - A couple of other Pack expenses were still outstanding - police detail and some of the food.
 - still paying for porta potties during the month from North

- Made annual donations to YMCA and Parks & Rec for use of MF.
- Renewed RRCA membership and insurance - just under \$1900
- Upcoming - rest of Mill cities once race is over and participation numbers are known
- need to pay the summer coaches - to Dave, Richie and Obie - Richie only wants half of what he would normally get.
- Storage unit doesn't come due until January but Diane expects to have the number next month. and see if there is any discount re: prepay.
- Report on Budget -
 - 2022 Budget (Steve)
 - Diane and Steve met and put some thought into the numbers for a starting point of discussions. Had been emailed to the group last week.
 - 2021 Membership dues - we are currently a little less than that but we should be able to get more because of Mill Cities. 2022 Number - we had voted in 2019 to increase our dues so we shouldn't be that far off.
 - 2021 insurance and RRCA dues are slightly under what we projected. (actual number was 1900 - steve corrected during meeting)
 - Social events- hoping to have more social events so the number was higher than last year.
 - Concern with not having any money in for the budget do we have unrealized potential expenses...
 - Added a figure to Membership meetings - \$1200
 - Trail series - Can we look at trying to lower expenses since there was a bump up from 2019 to 2021
 - FYB - Rob Lembree looking to do in person and virtual so numbers could be higher.
 - Diane takes part of the Couch to 5K income and realizes it as membership income instead.
 - Haven't heard anything from the Dome so likely no indoor track this year.
 - Race Reimbursement piece - put numbers in assuming another \$5500 floor. If we do better, then we can reimburse more.
 - Best of Boston number has normally been included in the Pizza/Ice Cream night in the past.
 - No further discussions. are we prepared to accept the minutes as they are for the remainder of 2021 and moving forward for 2022.
Unanimous vote to approve.
- **Committee Reports**
 - **Sponsorship/Outreach (Jeremy Berger) (5 minutes)**
 - Updates: No updates.
 - **Membership (Trevor Ward) (5 minutes)**
 - Updates: no updates.
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- **Communication (CarolAnne Donovan/Mark Crane) (5 minutes)**
 - Updates – next newsletter in a few weeks. If anyone has anything they want included - send to Carolanne.
 - Send something out re: Jen Jordan's request for PAL volunteers
 - Send something out for Novemberfest and Mill Cities.
- **Competition (Johanna Lisle Newbold & Tara Roark-Towle) (5 minutes)**
 - Boston Marathon Application and Awarding Process- (no updates)
 - Support for Virtual Boston GCS Runner's-(Johanna) - (no updates)
 - Boston Marathon Bus- (no updates)
 - Mountain Series- concluded - 6 Mountain Goats from our club.
 - NHGP- concluded on Sunday and Brandyn is working on final numbers.
 - NEGP- concluded after 4 races
 - Cross Country- ends 11/20.
 - Millennium doesn't put the team with run results, but there are also a bunch of people who are striders but didn't list us as a team. so they will have to go through the list to find other striders.
 - Brandyn will be stepping down as NEGP coordinator. He wrote a blurb so if Johanna or Tara don't want to do it then we will put that out to find someone to take his place.
- **Social (Amanda Naro) (10 minutes)**
 - Updates
 - Hall of Fame –
 - Annual Meeting (Amanda Naro)
 - Best of Boston/Henri Renaud Awards (Amanda Naro) - Scheduled for 11/15/21 - plaques and awards obtained, Diane will have the checks for the top NH runners. Andy confirmed that all awardees will be in attendance, and also invited winner for age group 50-?? and got some funds from Delta Dental to award her. Invoice for Plaques was \$80 more than anticipated.
 - Scholarship Night/Health & Wellness Night (Amanda Naro): no updates
 - Ultimate Runner Night - no updates
 - Candlelight relay/Bell Lap celebration - success. had about 30 people participate in the relay and then another 10 members or so to help out, etc. Worked out nicely with the tent/pizza. Went over well.
 - Mobility course w/ Shelly Walker-Adams - started - so far 2 monday night sessions. so far there seems to have been very little participation. Amanda will see about the recordings so people don't have to go to the private FB group...
 - At NCC - minimum number is 25 people, and in order for there to be a bartender there has to be a minimum of \$300. We now have to pay the \$250 deposit to hold the room in advance.
 - Awards night - we need to secure the room and start advertising the event because members have to pay for it. Also need to start getting the word out about the awards for nominees.

- Right now all dates are available in January - 21/22 or 28/29. Usually it is on a Friday. In 2019 we had it on Saturday.
 - Do we want to have an in person event or virtual event? Do we want to push the event out a month or two past January and then seeing if membership wants to have an in-person event or do it virtually?
 - also if we lock ourselves in, plan it and then things get worse.
 - Check dates for availability for February/March
 - **send out a survey to the club to gauge interest of membership for an in person event in February/March. And then decide at the December meeting as to what plan of action to go with.**
 - Suggesting that the cost go up to \$35/person instead of \$30/person.
 - had we said something in the 2019/december meeting re: cost?
- Amanda wants to get a tentative schedule out for upcoming 2022 events to send out to the Board so we can have a draft schedule...with caveat that things could change due to Covid, etc.

- **Training (5 minutes) -**
 - Winter Track - someone needs to reach out to the Dome to see if that is a possibility and then see what the interest levels are, etc.
 - Spring/Summer/Fall Track - (Stephen Rouleau) -
 - Couch to 5k - (no updates)

- **Events/Races**
 - Freeze Your Buns: Updates - Steve talked to Rob L. last friday. Had just talked to Rebecca to get information, and is working on building the budget and getting permitting done. He does have 6 dates starting 1/2/2022 and going every 2 weeks. There will be 5 races and 1 alternate - pending permits. There will be a virtual option as well. Steve will keep passing on information from Rob to the board. Rob was waiting for insurance certs from Diane but she could not get them until we renewed our insurance which could not happen until 11/1, so Diane just requested them.
 - Gate City Marathon (Mark Furler) (5 minutes) - Steve asked Mark F. to work on potential numbers etc to discuss as a group at the next meeting. Re: running festival vs. marathon and new course.
 - Mark is still putting numbers together for the budget but the marathon is not going to be feasible, so we will do half marathon and 1 mile course, potentially 5K.
 - Mark will get us the first draft numbers by end of tomorrow
 - date: May ??
 - Will wait to get numbers from Mark, then approval out from the board so we can move forward with registration etc.
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 - Pack Monadnock 10 Miler -updates? **(5 minutes)** (no updates)
 - PAL Track & Field **(1-2 minutes)**

- **Cancelled for 2021**
 - ***Follow-up: Still have a need for coaches for Spring 2022.***
 - Should we be looking outside the club? Steve will reach out to PAL to see if they have any ideas.
 - PAL XC - Mark Crane has made the website updates.
 - Summer Trail Series (Rob Fiero)- (1-2 minutes). no updates.
 - Fitness University (Carolina Tumminelli) - (1-2 minutes). no updates
 - Mill Cities Relay - (1-2 minutes) Date set - 12/5/2021. pushing to get people signed up - honoring as many requests re: teams as they can. deadline 11/26
 - Novemberfest: Updates? We generally give a free family membership for a raffle item - no objections from the board to donate that family membership.
 - **Community Outreach (Scott Rogers)** - no update tonight. Scott wants to talk to Steve and a few other people re: potential plans for next year with more of an actual event.
 - **Other**
 - Elections for the board - some people are up for reelection **Carolina needs to look at that to get list out so we can get that process going.**
 - Tara: have we ever had a group that is focused on recruitment? Should we think about having one and pulling ideas together. Phil will work with Tara on that. May not necessarily have to be part of the board.
 - Diane: maybe making the treasurer's job a little onerous by having an insurance coordinator instead of handled specifically held by the treasurer. May not necessarily have to be part of the board.
 - Ideas to get more members involved.
- **Adjourn Meeting - motion: Christy Seconded: Scott.**
 - **Next Meeting: December 8, 2021 @ 7:15p.m.**