

Club Triathlon

This year's GCS Club Triathlon took place on Sunday, August 11th. The venue and course were the same as in previous years being held at Lake Potanipo in Brookline, NH. The weather was perfect and many participants came and registered at the event. This was the largest field in the events' history with 48 individual participants and 6 teams. The men's race proved to be extremely competitive with the top three finishers all coming in within 21 seconds of each other. We also stressed youth participation and had 9 individual participants under 18 with the youngest being 12 years old. This year's winners are:

Men:

1. Stephen Ulicny in 1:03:31
2. Robert Holt in 1:03:39
3. Doug Shattuck in 1:03:52

Women:

1. Jennifer Ulicny in 1:04:26
2. Lauren O'Connell in 1:11:26
3. Mary Casinghino (youth) in 1:11:47

Team:

1. Terminators (Bob Stevenson, Brian Bigelow, Wayne McLeod) in 57:25
2. Greenwood (Pete Anderson, Nicholas Chevalier, Will Shearouse) in 1:02:51
3. Scooby (Arcy & Curtis Kusari, David Yong) in 1:07:03

Other Youth finishers included:

Peter Scontsas in 1:12:19
John Schroeder in 1:13:52
Ashley Morgenstern in 1:14:59

Volunteer support this year was just enough to pull the event off. Thanks to the following volunteers: John Geisler, Jr., Steve Moland, Bill Spencer, Rich Stockdale, Wayne McLeod, Tom Raiche, Ellen Kolb, Bill Juris



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ment has come to the conclusion that the club needs to learn about itself, so the Eboard is preparing a survey which will be mailed to every member. This survey is very important because it will allow you to help shape the club as you convey what the club can do to make your membership more valuable. The survey will contain a return stamped envelope so that the effort required should be minimal. Please don't put it aside when you get it. This is about as simple a VOLUNTEER service as you can provide the club. Look for the survey in the near future.

Upcoming Events

CALLING ALL SENIOR FEMALES FOR THE MILL CITIES RELAY!

by Pat Kiesselbach, Senior Team Capitan

It's time to start putting teams together for the Mill Cities Relay on December 8, 2002. Starting at 8:30 am from the Greater Lowell Regional Technical High School on Route 113 in Tyngsborough, MA, 3 person teams will run through Lowell to Lawrence, MA. Early entry fee is \$10.00. If you are interested in running one of the three legs, 2.5, 9.4 or 6.3, please let me know. Call me at 881-5532 or email mayener@netscape.net. This is fun event, the legs are not difficult and everyone enjoys the post race celebration. Let's make up for the lack of teams at Winnie by a strong showing at Mill Cities.

Other runners should check with there team captains, which are listed on page two of the Newsletter, about setting up your teams.

Novemberfest

As mentioned in Randum Thoughts, the 7th third annual Curley Goulet Novemberfest will be held on November 24 in Mine Falls. The race is open to anyone over 21 years of age and promises to be a different way to enjoy a race.

Last Supper

The last track workout will be held on October 23rd. At it's conclusion, Club members are invited to partake in the "Last Supper" at the Club National hosted by the Wednesday Evening Church Group.

Last NHGP Race

Participation in this year's New Hampshire Gran Prix Series has been minimal and , for only the second time, the Club has failed to win the series. The last race is the Free Fail 10k in Rochester on October 26th.