

Club Directory

		<u>Night Phone</u>	<u>Day Phone</u>	<u>Email</u>
<u>GCS Executive Board</u>				
President	Steve Moland	882-2067	624-5630	steve@accessp.com
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Secretary	Bob Pelletier	889-5602		a2dpell@aol.com
Treasurer	Bill Farina	978-433-2335		william.farnia@snhmc.org
Membership	Sandy Geisler	421-1815		chipgeisler@worldnet.att.
Competition	Michael Amarello	429-8879		Webmaster@gatecity.org
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<u>Team Captains</u>				
Men Open	Michael Amarello	429-8879		Webmaster@gatecity.org
	Cory Coll	625-4054		caoll@hotmail.com
	Jason Bigonia	502-4570		jbigonia@hopper.unh.edu
Men Masters	Steve Harter	424-0387		sharter@mindseye.mv.com
Men Seniors	Mike Levesque	882-6623		MikeStride@aol.com
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	Dave Salvas	673-0069		david.g.salvas@baesystems.com
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Men Grand Veterans				
Women Open				
Women Masters	Pam Hall	424-5096		hrogrunx26@aol.com
	Robin Rocha	598-8852		j27rocha@aol.com
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Coach	Dave Camire	978-957-4230		davecamire@aol.com
<u>Newsletter & Web Site contacts</u>				
Newsletter Editor	Bill Spencer	882-4859		bspence1@ix.netcom.com
Web Master	Michael Amarello	429-8879		Webmaster@gatecity.org
Web Master	Julie Hanover	889-7014		HanoverJ@Netscout.com
Mailing Coordinators	Jane Levesque	889-4056		Alevesque@aol.com
Race App. Inserts	Emily Strong	595-7149		emily.strong@baesystems.com
<u>Other contacts</u>				
StriderWear	Kathy Kirby	465-3868		katkirby@aol.com
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Event Calendar	Bill Spencer	882-4859		bspence1@ix.netcom.com
Result Compiling	Michael Amarello	429-8879		Webmaster@gatecity.org
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Hot Line Mgr	Chip Geisler	421-1815		chipgeisler@worldnet.att.net
Voice Hot Line access number		880-9479		

Strider Discussion forum
and email List <http://groups.yahoo.com/group/gatecitystriders>



Email Addresses

If you have an Email address and do not already receive an occasional Email about various ad hoc announcements pertaining to GCS, and you would like to receive these announcements, send your Email address to Sandy at chipgeisler@worldnet.att

All Area Codes are 603 unless noted otherwise

Cover Photo:
Regina Jacobs signing autographs, with Skip, Ashley & Brittany.

Editor's Column By Bill Spencer



This issue of the newsletter revives several features from earlier issues to help members keep their membership up to date. The last page will now list the members whose dues expire with that issue. For this issue only, those members who will be dropped for past due dues unless they are paid up, are listed on page 13. In addition, the mailing label will now show the current status of your membership. We hope this will help to keep the membership lists current as our RRCA Membership costs are based upon the membership size.

Speaking of the RRCA, when we split the club into two teams, it was to give us some competition for the Championship Series. After three races, it appears that was unnecessary. The Granite State Racing Team is running away with it and we seldom have more than a handful of club members participate. Not only are we absent, but so it seems is our new State Representative. This year includes two new events in the series, the Lake Winnepesaukee Relay and the Coe-Brown Cross Country. I wonder if we will have teams in those events.

The past two months showcased our commitment to the youth of the area, with a very successful series of Fitness University Clinics and, on the competitive side, a very good showing at the Junior Olympic Track meets.

Page 17 details the results of the annual Ultimate Runner competition. After a missing last year's competition Jack Kick came back to once again win the overall event. Need I point out that Jack turns 70 next month?



Striding Along is published 6 times a year by members of the Gate City Striders, Inc. of Nashua, NH. For correspondence or a membership application, please write to:

Gate City Striders
PO Box 3692
Nashua NH 03061.

Visit our Web Site
WWW.GateCity.Org

USA Track & Field Club # 157

Our Mission Statement

The Gate City Striders is an athletic and social organization dedicated to the promotion of running and fitness at all levels. Members vary in ability from beginning joggers to competitive marathoners.

Membership meetings

3rd Wednesday of month.

Track workouts

Wednesday nights, Stellos Stadium, April thru October. Weekly runs at Pennichuck JH starting the end of October

If you experience problems with the delivery of the newsletter call our membership chairperson. This newsletter is sent third class mail. There is no forwarding by the post office, so make sure we have your correct address. Advertisements are gladly accepted.

