

# Race Results

## **Halfway To St Pat's Day 5K Manchester, NH 9/22/02**

13 John Saunders 18:22  
38 Jim Belanger 19:51  
56 Yuki Minami 20:43  
126 Ollie Cadran 23:47  
127 Brian Withers 23:49  
192 Oscy Cadran 26:58  
212 Pat Belanger 27:41  
234 Mary Minami 28:30  
289 Mike Whelton 33:16

## **Derryfest 5K Derry, NH 9/21/02**

5 Allan Rube 21:20  
37 Bob Welts 30:32

## **Old Home Days 5K Dracut, MA 9/15/02**

12 Fran Dwyer 19:52  
74 Bob Welts 29:51

## **Mill City 5K Lowell, MA 9/8/02**

239 Bill Engle 22:52  
248 Doug Casey 23:04  
49 Liane Pancoast 21:11  
100 Stephanie Pancoast 27:24

## **Coe Brown Run To Fall 5K Northwood, NH 9/8/02**

35 Nicole Slane 21:15  
37 Walter Swanbon 21:23  
41 Yuki Minami 21:35  
42 Damian Rowe 21:48  
55 Shu Minami 24:10  
56 Eldon Burkinshaw 24:11  
63 Traci Swanbon 25:24  
83 Sachiko Burkinshaw 28:37  
87 Judy Slane 30:05  
92 Kathy Engle 31:00  
94 Shaun McMahon 31:47  
95 Mary Minami 32:16

## **Union Leader Classic 8K Manchester, NH 9/7/02**

9 Dave Birse 29:32  
19 Tom Kolb 31:26

21 Trevor Ward 31:45  
32 Allan Rube 34:17  
34 Bill Spencer 34:25  
39 Ed Kelly 34:40  
94 Heidi McGaffigan 38:35  
111 Kathy Johnson 40:15  
155 Susan Rube 44:02  
176 Leni Hodgins 45:35  
199 Jeannie Ferreira 47:38

## **Atkinson 5K**

Atkinson, NH 9/5/02

9 John Saunders 18:05  
256 Louise Rosetti 34:36

## **Around The Cape 25K Gloucester, MA 9/2/02**

53 Jim Hansen 1:47:33  
71 Jonathan Green 1:50:07  
125 Pamela Hall 1:57:19  
126 Richard Doyle 1:57:20  
163 Steve Moland 2:01:45  
232 Samy El-Guebaly 2:06:10  
261 Michael Thatcher 2:09:25  
329 Brian Sanborn 2:14:55  
396 Stan Klem 2:21:30  
438 Genia Sanborn 2:29:12

## **Fracestown 5 Miler Fracestown, NH 9/2/02**

9 Wayne McLeod 30:10  
10 Mike Ward 30:17  
26 Peter Venditoui 33:00  
41 Yuki Minami 35:15  
44 Michael Dodge 35:43  
46 John Lewicke 36:05  
54 Bill Engle 37:17  
58 Andrew Najberg 37:45  
60 Andrea Pierce 37:51  
71 Shu Minami 39:49  
75 Leigh McLeod 40:15  
112 Kathy Engle 45:40  
114 Rick Schnabble 46:13  
120 Mary Minami 48:25

## **Willis St. Charles 5K Rochester, NH 9/2/02**

Nicole Slane 1st Female  
25 Nicole Slane 18:33

60 Bill Spencer 20:16  
93 Cathy Merra 22:14  
194 Julie Marcum 25:13  
258 Allison Black 28:07  
357 Ellen Kolb 38:06

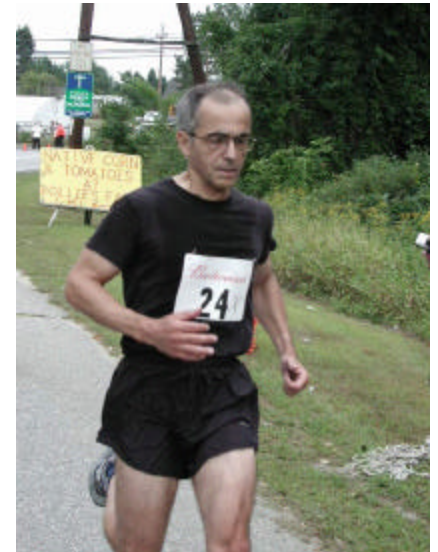
## **Mack's Apples 5K CC Londonderry, NH 8/25/02**

Nicole Slane 1st Female

12 Nicole Slane 18:47  
14 Michael Peabody 19:08  
16 Joey Rizzo 19:23  
19 Patrick Rush 19:30  
25 Dana Breeden 20:16  
29 Bill Spencer 20:57  
31 Jonathan Sproul 21:06  
37 Alexander Prolman 21:43  
42 Caitlin Rush 22:21  
43 Al Sproul 22:23  
45 John Sennott 22:35  
52 Andrew Prolman 23:34  
68 Justin Sproul 25:06  
99 Elaine Rush 29:36

## **Lowell Elks 10K Lowell, MA 8/24/02**

7 Steve Beaton 38:41  
10 Fran Dwyer 42:08



25 Samy El-Guebaly 10:05  
69 Louise Rosetti 71:00  
71 Nick Anastasi 75:35

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**Old Home Days 5K  
Barnstead, NH 8/24/02**

Samantha Buechner 1st Female

20 Samantha Buechner 20:29  
26 Kim DeCosta 21:27  
39 Michael Thatcher 22:46  
51 Bruce Conti 24:17

**State Police DARE 5K  
Loudon, NH 8/21/02**

302 Chris Murray 39:04  
303 Nicole Murray 39:05

**Rochester Firefighters 4 Miler  
Rochester, NH 8/17/02**

79 Allison Black 38:52

**Old Home Days 5K  
Londonderry, NH 8/17/02**

51 Yuki Minami 20:48  
52 Ed Kelly 20:52  
60 Dave Breeden 21:10  
85 Nancy Peabody 22:58  
90 Eldon Burkinshaw 23:13  
105 Shu Minami 24:01  
118 Jonathan Sproul 24:29  
121 Al Sproul 24:43  
164 Justin Sproul 26:28  
171 Eric Chorney 26:33  
175 Sachiko Burkinshaw 26:52  
192 Alvin Sproul 27:44  
225 Mary Minami 29:27  
283 Joe Mona 35:22

**Run For The Honey 5K  
Hancock, NH 8/17/02**

5 Dave Birse 18:25  
48 Bill Engle 23:01  
83 Rick Schnabble 27:19  
85 Kathy Engle 27:33  
129 Zachary Schnabble 42:05

**Saunders at Rye Harbor 10K  
Rye, NH 9/15/02**

19 Wayne McLeod 38:37  
23 Don McCarty 39:04  
43 Rich Stockdale 40:00  
88 Allan Rube 44:13  
98 Pam Hall 44:46  
128 Joselyn Hall 46:18

141 Shu Minami 47:21  
165 Stan Klem 48:40  
168 Michael Thatcher 48:50  
244 Kevin Reynolds 53:38  
252 Susan rube 54:12  
253 Genia Sanborn 54:13  
254 Brian Sanborn 54:14  
334 Mary Minami 63:01

**Lamprey Health Care 5K  
Newmarket, NH 8/10/02**

150 Allison Black 29:53

**Belmont 10 Miler  
Belmont, NH 8/10/02**

9 Dave Birse 1:05:06  
21 Tom Kolb 1:08:22  
43 Walter Swanbon 1:14:17  
48 Jack Kick 1:15:41  
61 Bill Engle 1:18:51  
63 Eldon Burkinshaw 1:19:11  
67 Fran Dwyer 1:20:04  
82 Brian Sanborn 1:23:09  
83 Shu Minami 1:23:34  
98 Kevin Reynolds 1:29:37  
101 Traci Swanbon 1:31:53  
105 Genia Sanborn 1:35:39  
109 Kathy Engle 1:41:35

**Old Home Days 5 Miler  
Sandown, NH 8/10/02**

8 Michael Neville 33:05  
10 Yuki Minami 34:45  
69 Eric Chorney 46:42  
78 Mary Minami 50:22

**CIGNA Healthcare 5K  
Manchester, NH 9/8/02**

101 Ryan McCarty 17:43  
102 Patrick Maloney 17:44  
110 Rich Stockdale 17:50  
116 Don McCarty 17:57  
120 Sara Lewicke 18:03  
134 Anthony Merra 18:20  
141 Jim Hansen 18:27  
155 Bruce Lutz 18:44  
176 Rae Eastland 18:56  
177 Nicole Slane 18:58  
180 Peter Venditoui 18:58  
181 Carl Hefflefinger 18:59  
205 JP Lewicke 19:14  
224 Doug Shattuck 19:15  
241 Dana Breeden 19:36

256 Bill Gray 19:51  
267 George Lavash 19:51  
269 Nick Karwoski 20:01  
271 Alex Karwoski 20:01  
328 Ashley Morgenstern 20:18  
353 Tom Conley 20:41  
356 Liane Pancoast 20:41  
363 Chris Merra 20:48  
369 Michael Dodge 20:44  
379 Allan Rube 20:50  
382 Samantha Buechner 20:44  
416 Dave Breeden 21:00  
417 James Woodward 21:04  
419 Kim McAuliffe 21:02  
424 Lisa Maynard 21:09  
431 John Lewicke 21:09  
458 Craig Pelletier 21:16  
459 Gordon Burnett 21:21



472 Amanda Pelletier 21:34  
487 Kirsten Green 21:29  
495 Wayne Hilson 21:35  
520 Sam DePerri 21:45  
532 Michael Labonte 21:49  
537 Andrea Pierce 21:49  
539 Kim DeCosta 21:53  
555 Andrew Najberg 22:10  
611 Lindsey Panny 22:22  
653 Cathy Merra 22:46  
682 Samy El-Guebaly 22:25  
690 Michelle Buechner 22:58  
787 Andy Prolman 23:18  
825 Brian Withers 23:22  
846 Pat Kiesselbach 23:43  
867 David Salvat 23:47  
871 Charles Burns 23:31  
885 Kaitlin Burnett 24:02  
901 Traci Swanbon 24:10  
936 Diana Lavash 24:06  
943 Sharon McAuliffe 23:57  
982 Amy Quinnett 24:05

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1089 Kevin Hodge 24:09  
1276 Emily Strong 25:48  
1314 David Cormier 26:06  
1419 Bill Juris 26:46  
1421 Wayne McLeod 26:48  
1433 Michael Amarello 27:11  
1508 Marie Mullins 27:00  
1521 Wayne Goertel 26:23  
1551 Robin Rocha 25:48  
1603 Linda Madden 26:57  
1648 Rich Cardin 26:49  
1653 Megan Callan 26:51  
1716 Robert Michaud 27:32  
1779 Allan Sabiski 28:03  
1813 Karl Patnode 28:23  
1890 Bill Sturgeon 29:07  
1962 Deb Pelletier 29:10  
2093 Jerry Rocha 29:25  
2118 Ryan Heden 30:56  
2121 John Heden 30:57  
2188 Nina Labonte 31:02  
2241 Debbie Auclair 31:45  
2259 Madeleine LaRose 32:03  
2276 Mary Slocum 32:14  
2369 Sandra Gilmore 32:57  
2370 Debra Anctil 33:01  
2431 Ken Beach 33:59  
2600 Louise Rosetti 36:29  
2713 Ted Karwoski 39:23

**Beach To Beacon 10K  
Cape Elizabeth, ME 8/3/02**

713 Pamela Hall 44:26  
784 Steve Moland 45:12  
1225 Michael Levesque 48:07  
1619 Pat Kiesselbach 50:47  
2142 Stan Klem 54:55  
3035 Leni Hodgins 58:42  
3287 Rosalie McQuaid 60:56

**Old Home Days 4 Miler  
Harrisville, NH 8/3/02**

5 Dave Birse 24:21  
32 Andrea Pierce 29:41  
35 Bill Engle 30:08  
57 Rick Schnabble 35:34  
64 Kathy Engle 36:40

**Thunder Chicken 5K  
Portsmouth, NH 8/1/02**

107 Kim DeCosta 22:31

**Yankee Homecoming 10 Miler  
Newburyport, MA 7/30/02**

45 Mike Ward 1:03:06  
80 Jim Hansen 1:05:43  
94 Wayne McLeod 1:06:38  
98 John Saunders 1:06:48  
176 Dave Sargent 1:10:15  
200 Carl Hefflefinger 1:11:13  
223 Jonathan Green 1:11:57  
232 Peter Venditouli 1:12:17  
270 Bill Juris 1:13:56  
281 Allan Rube 1:14:30  
286 Yuki Minami 1:14:38  
355 Dave Ferris 1:17:11  
375 Steve Beaton 1:17:35  
435 Sarah MacGillivray 1:19:01  
447 Richard Doyle 1:19:18  
451 Wayne Hilson 1:19:22  
464 Kenneth Arnold 1:19:33  
528 Shu Minami 1:21:09  
585 Steve Moland 1:22:09  
640 Michael Levesque 1:23:36



651 David Berry 1:25:50  
666 Andrew McQuaid 1:24:10  
688 Kevin Hodge 1:24:41  
690 Rich Cardin 1:24:44  
762 Stan Klem 1:26:12  
779 Pat Kiesselbach 1:26:38  
993 Ashley Morgenstern 1:31:27  
1033 Colleen Gilbert 1:32:20  
1056 Laurie Kofstad 1:32:55  
1069 Charles Burns 1:33:25  
1073 Kevin Reynolds 1:33:29  
1149 Maurice Ferrigno 1:35:37  
1186 Carol Pelletier 1:36:51  
1277 Susan Rube 1:39:48

1417 Leni Hodgins 1:46:13  
1478 Rosalie McQuaid 1:49:51

**Yankee Homecoming 5K  
Newburyport, MA 7/30/02**

37 Jim Belanger 19:34  
53 Joey Rizzo 20:12  
102 Dave Breeden 21:39  
128 Gordon Burnett 22:19  
172 Kaitlin Burnett 23:07  
190 Sam DePerri 23:30  
236 Ian McQuaid 24:20  
257 Michael Labonte 24:32  
435 John McQuaid 26:44  
509 Carolyn Morgenstern 27:32  
533 David Cormier 27:47  
555 Gordon McQuaid 27:57  
577 Melaney Hodge 28:07  
592 Eric Chorney 28:17  
618 Judi Moland 28:29  
629 Douglas McQuaid 28:34  
827 Bill Sturgeon 30:50  
844 Mary Minami 31:07  
846 Allison Black 31:09  
1009 Nina Labonte 33:13  
1177 Louise Rossetti 39:40

**Peaks Island 5 Miler  
Peaks Island, ME 7/27/02**

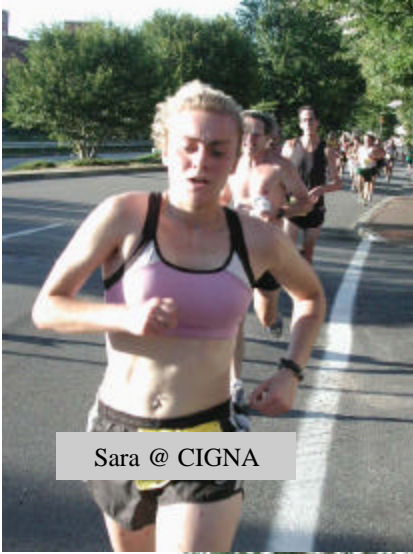
50 Damian Rowe 33:59  
52 Steve Moland 34:12  
63 Pamela Hall 34:57  
93 Stan Klem 37:14  
116 Brian Sanborn 38:03  
147 Tom Raiche 39:25  
169 Annette Marchand 40:16  
207 Sydney Moland 42:08  
235 Genia Sanborn 43:43  
236 Judi Moland 43:43  
336 Jeannie Ferreira 50:59

## Gate City Club Triathlon - August 11, 2002

Participant	Bib	Swim		Bike		Run		OVERALL	
		Time	Place	Time	Place	Time	Place	Time	Place
Team Terminators	1	0:08:48	2	0:30:55	1	0:17:42	1	0:57:25	1
Team Greenwood	3	0:06:40	1	0:37:26	16	0:18:45	5	1:02:51	2
Stephen Ulicny	39	0:09:58	9	0:33:53	4	0:19:40	8	1:03:31	3
Robert Holt	18	0:09:44	5	0:34:28	6	0:19:27	7	1:03:39	4
Doug Shattuck	35	0:11:21	18	0:33:25	3	0:19:06	6	1:03:52	5
Jennifer Ulicny	38	0:09:47	6	0:34:30	7	0:20:09	12	1:04:26	6
Ken Kalil	20	0:09:51	8	0:37:21	15	0:18:02	2	1:05:14	7
Carl Murphy	42	0:11:33	20	0:34:22	5	0:19:45	9	1:05:40	8
Team Scooby	60	0:10:18	12	0:31:59	2	0:24:46	29	1:07:03	9
Team Aidan	61	0:11:57	22	0:36:48	12	0:20:36	13	1:09:21	10
Adam McFague	46	0:09:59	10	0:36:16	9	0:24:15	27	1:10:30	11
Kurt Morgenstern	28	0:10:14	11	0:37:01	13	0:23:49	25	1:11:04	12
Lauren Oconnell	50	0:11:28	19	0:37:14	14	0:22:44	17	1:11:26	13
Mary Casinghino	5	0:08:55	3	0:38:48	22	0:24:04	26	1:11:47	14
Keith Venuti	48	0:14:37	32	0:35:19	8	0:22:01	15	1:11:57	15
Peter Scontsas	34	0:12:48	25	0:41:12	28	0:18:09	3	1:12:09	16
Tom Kolb	21	0:15:36	37	0:36:44	11	0:19:50	10	1:12:10	17
Cheryl McFague	26	0:12:42	24	0:36:30	10	0:23:04	20	1:12:16	18
Brian Fisher	16	0:10:19	13	0:38:05	17	0:24:15	28	1:12:39	19
John Schroeder	33	0:12:05	23	0:41:24	30	0:20:08	11	1:13:37	20
Tumarack	43	0:11:34	21	0:43:35	36	0:18:43	4	1:13:52	21
Ashley Morgenstern	27	0:09:26	4	0:41:57	31	0:23:36	24	1:14:59	22
Kathy Johnson	19	0:13:30	28	0:38:44	21	0:22:52	18	1:15:06	23
Rich Clement	55	0:11:11	14	0:38:32	20	0:25:50	35	1:15:33	24
Heather McFague	54	0:09:49	7	0:39:57	23	0:26:46	38	1:16:32	25
Two Thirds PD	49	0:13:38	29	0:38:14	18	0:24:51	30	1:16:43	26
Bobby Lusinski	23	0:11:15	15	0:43:48	37	0:21:41	14	1:16:44	27
Douglas Barnett	51	0:13:51	31	0:40:10	25	0:23:23	23	1:17:24	28
Damian Rowe	32	0:14:58	35	0:40:05	24	0:22:57	19	1:18:00	29
Annette Marchand	24	0:13:22	27	0:40:21	26	0:26:31	36	1:20:14	30
William Eaton	11	0:16:14	42	0:38:25	19	0:26:56	39	1:21:35	31
William Farina	13	0:16:44	45	0:43:27	34	0:22:35	16	1:22:46	32
Peter Young	41	0:13:05	26	0:42:04	32	0:27:47	40	1:22:56	33
Richard Roy	47	0:11:20	17	0:40:54	27	0:31:41	47	1:23:55	34
Ken Arnold	4	0:16:30	44	0:45:16	38	0:23:05	21	1:24:51	35
Bob Thompson	44	0:14:46	33	0:41:16	29	0:29:07	43	1:25:09	36
Kenneth Walker	40	0:13:44	30	0:45:59	41	0:25:34	34	1:25:17	37
Stacey Daley	56	0:15:45	39	0:45:24	39	0:25:18	32	1:26:27	38
Patrick Daley	57	0:15:45	40	0:45:24	40	0:25:18	33	1:26:27	39
Rebecca Richards	31	0:11:19	16	0:49:10	45	0:28:39	41	1:29:08	40
Tom Conley	53	0:17:06	47	0:48:59	44	0:23:17	22	1:29:22	41
Don Lamothe	22	0:15:40	38	0:43:27	35	0:32:14	48	1:31:21	42
Jennifer Pyroo	30	0:15:29	36	0:47:07	42	0:29:02	42	1:31:38	43
Deborah Roy	45	0:16:50	46	0:42:26	33	0:33:08	49	1:32:24	44
Samy El-Guebaly	12	0:20:46	52	0:49:23	46	0:24:56	31	1:35:05	45
William Licata	52	0:16:15	43	0:50:42	47	0:29:32	44	1:36:29	46
Edwin Pyroo	29	0:15:47	41	0:50:54	48	0:31:09	46	1:37:50	47
Dylan Ferguson	14	0:14:47	34	0:53:52	49	0:31:01	45	1:39:40	48
Wayne Ferguson	15	0:20:29	50	0:55:28	50	0:26:35	37	1:42:32	49
Dan Comosa	8	0:20:36	51	0:48:24	43	0:33:33	50	1:42:33	50
Jillian Toomey	36	0:18:23	48	1:01:40	52	0:38:46	51	1:58:49	51
Sean Toomey	37	0:19:17	49	1:00:46	51	0:51:52	52	2:11:55	52



**MORE RACE PHOTOS**



Sara @ CIGNA



Ken @Cigna



Sandy @ Cigna



Dave @ Yankee 10



Jonathan @ Yankee 10



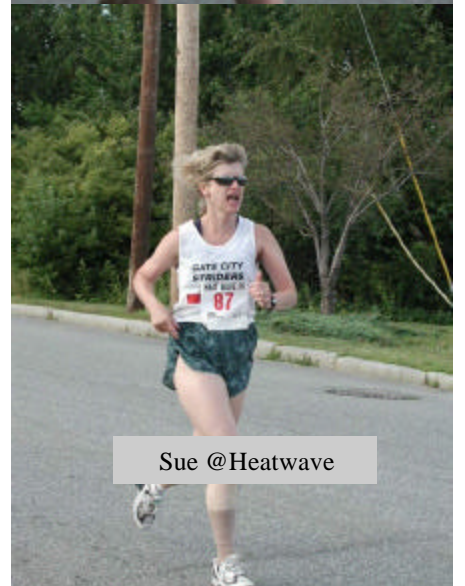
Mike @ Yankee 10



Fran @ Lowell



Steve @ Lowell



Sue @Heatwave