

Race Results

Yuki Minami 45:13
 Shu Minami 49:25
 Mary Minami 59:22
 Jeannie Ferreira 1:02:34

**Powderhouse Pub 4 Miler
 Somerville, MA 6/18/00**

Louise Rosetti 1st Place 70+
 Nick Anastasi 42:10
 Louise Rosetti 53:04

**Father's Day 10K
 Fairhaven, MA 6/18/00**

Maurice Noonan 1:05:09
 Julianne Noonan 1:10:10

**Holy Cross 5K
 Derry, NH 6/18/00**

BJ Bottomley 1st Place Overall
Smantha Buechner 1st Place 0-12
Russell Ober 1st Place Veteran
 BJ Bottomley 17:09
 Samantha Buechner 23:09
 Russel Ober 24:43

**Great American Shad Run 5K
 Manchester, NH 6/18/00**

Keith Kelly 1st Place Overall
Steve Flynn 1st Place Master
Patrick Rush 1st Place 0-12
Zachary Emerson 1st Place 13-19
Meghan Collins 1st Place Submaster
 Keith Kelly 16:46
 Zachary Emerson 17:34
 Steve Flynn 18:29
 Patrick Rush 19:28
 Joseph Rush 19:38
 Fran Dwyer 21:07
 Meghan Collins 21:50
 Ed Donovan 23:03
 Jim Horn 26:43
 Michael Amarello 26:49
 Michael Whelton 31:36
 Teresa Kolb 45:51
 Ellen Kolb 46:38

**Summer Soltice 5 Miler
 Paxton, MA 6/20/00**

Ralph Borseth 1st Place Master
 Ralph Borseth 31:32

**CMS 52 Week 5K #25
 Lancaster, MA 6/21/00**

Ken Robichaud 23:41

**Apple Amble 3 Miler
 Hancock, NH 6/22/00**

Kathy Engle 1st Place 50-59
 Bill Engle 22:56
 Kathy Engle 28:24

**Westford Academy 3.6 Miler #3
 Westford, MA 6/22/00**

Jim Rhoades 21:49
 Mike Hagerty 23:06

**Strawberry Festival; 5 Miler
 Berwick, ME 6/24/00**

Dave Birse 29:30

Mary Ulinski 46:14
 Theresa Kirouac 47:41
 Shaun McMahon 52:50

**DARE / YMCA 5K
 Newfields, NH 6/24/00**

Joseph Blouin 18:48
 Charles Gianotti 22:57

**Open For The Season 5K
 Bethlehem, NH 6/24/00**

Kim McAuliffe 22:28
 Sharon McAuliffe 27:35

**North Shore 5K
 Swampscott, MA 6/24/00**

Louise Rosetti 36:09

**Old Home Days 5K
 Plaistow, NH 6/24/00**

Maurice Noonan 29:58

**Goffstown Gallop 5.2 Miler
 Goffstown, NH 6/24/00**

Keith Kelly 1st Place Male
Mackenzie Kilpatrick 1st Place 0-18
Genia Sanborn 1st Place Senior
 Keith Kelly 27:35
 Mackenzie Kilpatrick 27:58
 Patrick Scott 28:46
 John McGrath 29:08
 Joshua Graffam 30:28
 Michael Dodge 35:25
 David Delay 38:03
 Brian Sanborn 40:25
 Ernest Graffam 41:35
 Genia Sanborn 43:38
 Pat McGrath 48:46

**POW MIA 10K
 Boston, MA 6/25/00**

Louise Rosetti 1st Place 70+
 Heidi McGaffigan 46:34
 Rich MacDonald 49:14
 Mary Minami 1:01:54
 Maurice Noonan 1:03:32
 Julianne Noonan 1:07:31
 Nick Anastasi 1:10:18
 Louise Rosetti 1:18:13

**Qualcomm 6.5 M Cross Country
 San Diego, CA 6/25/00**

Dave Salvas 61:10

**Lions Sizzler 4 Miler
 Bedford, NH 6/25/00**

Nicole Slane 1st Place 0-17
Judi Moland 1st Place Senior
Katherine Allen 1st Place Submaster
1st Place Coed Team
 Dave Birse 23:50
 Walter Swanbon 25:02
 Peter Venditoui 25:35
 Nicole Slane 26:55
 Colleen Gilbert 28:33
 Jason Farr 28:37
 Andrea Pierce 29:34
 Traci Swanbon 29:44
 Chet Kalish 30:08

Sydney Moland 31:53
 Judi Moland 32:33
 Brian Withers 33:39
 Lance McAdam 33:49
 Katherine Allen 33:58
 Lisa Farr 35:49
 Therrin Allen 1:09:33
 Jane Allen 1:09:34

**Holy City 9.1 Mile Mountain Run
 Santa Cruz, CA 6/25/00**

Dave Beasley 1st Place Overall
 Dave Beasley 52:50

**Lions Sizzler 20K
 Bedford, NH 6/25/00**

1st Place Male Open Team
8th Place Male Masters Team
7th Place Male Seniors Team
1st Place Male Veterans Team
9th Place Female Open Team
6th Place Female Masters Team
3rd Place Female Seniors Team
 George Darden 1:09:50
 Jim Rhoades 1:20:28
 Bill Springer 1:23:28
 Jim Belanger 1:24:08
 Jim Hansen 1:29:16
 Tom Kolb 1:29:42
 Adrian Pike 1:32:09
 Liane Pancoast 1:32:13
 Lindsey Burkhardt 1:33:08
 Thomas Conley 1:34:46
 Karen McAdam 1:35:02
 Bill Spencer 1:35:33
 Carol Robichaud 1:36:39
 Carl Hefflefinger 1:38:48
 Richard Doyle 1:40:47
 Lisa Maynard 1:41:14
 David Wendt 1:41:33
 Bill Engle 1:42:08
 Steve Moland 1:42:34
 Claudette Stone 1:42:54
 Kathy Johnson 1:45:01
 Stan Klem 1:46:40
 Wayne Hilson 1:47:07
 Jane Levesque 1:47:44
 Greg Neilley 1:49:05
 Dan Sicard 1:49:38
 Kevin Halloran 1:50:41
 Ed Donovan 1:51:42
 Aline Kenney 1:51:51
 Terrence Kenney 1:54:46
 Stephanie Curran 1:55:08
 Shu Minami 1:56:49
 Pamela Ubillos 1:57:08
 Pat Kiesselbach 2:00:42
 Lee Brucks 2:01:46
 Jeannie Ferreira 2:06:13
 Kathy Engle 2:07:41
 Marie Mullins 2:10:01
 Eldon Burkinshaw 2:41:20

**Tom Boone 10K
 Fitchburg, MA 6/27/00**

Carol Robichaud 47:11
 Ken Robichaud 50:28
 Nick Anastasi 1:14:39
 Louise Rosetti 1:14:30

**Westford Academy 3.6M #4
 Westford, MA 6/29/00**

Jim Rhoades 22:25
 Mike Hagerty 22:58
 Bill Clark 24:03

**Kiwanis 10K
 Danvers, MA 6/30/00**

Tom Astolfi 1st Place Master
Louise Rosetti 1st Place 70+
 Tom Astolfi 36:10
 Ed Donovan 49:43
 Louise Rosetti 1:17:03

**John Carson 2 Miler
 Chelmsford, MA 7/4/00**

Louise Rosetti 1st Place 70+
 Tom Doody 9:47
 BJ Bottomley 10:19
 Keith O'Brien 10:38
 Matt Castner 10:58
 Anne Sipka 11:58
 Carl Murphy 12:11
 Kassie Rubico 13:43
 Anna Castner 13:47
 George Lecours 15:19
 Colleen Normandy 17:45
 Maurice Noonan 21:22
 Julianne Noonan 21:22
 Louise Rosetti 23:55

**4th of July 10K
 North Andover, MA 7/4/00**

Ralph Titone 46:43
 Bill Prokop 51:32
 Ed Donovan 51:53
 Pam Ubillos 53:24

**4th of July 5K
 North Andover, MA 7/4/00**

Ann Prokop 33:10

**4th of July 5 Miler
 Harvard, MA 7/4/00**

Paul Weeman 34:24
 Andrea Pierce 38:19
 Donna Edwards 40:42
 Ken Robichaud 41:53

**Sparkler 5K Walk
 Merrimack, NH 7/4/00**

Karen Dunn 40:21
 Ellen Kolb 42:58
 Debbie McCoy 47:06
 Erik McCoy 48:52

**Sparkler 5K Run
 Merrimack, NH 7/4/00**

Jim Quadros 1st Place Male
Nicole Slane 1st Place Female
John McGrath 1st Place Open
Tom Astolfi 1st Place Master
Darryl Whitney 1st Place Junior
Lori Lambert 1st Place Submaster
Lindsey Burkhardt 1st Place Junior
Bill Spencer 1st Place Veteran
Pamela Hall 1st Place Master
Joselyn Hall 1st Place open

Race Results

Judi Moland 1st Place Senior

| | |
|--------------------|-------|
| Jim Quadros | 16:19 |
| John McGrath | 16:56 |
| Tom Astolfi | 17:03 |
| James Henmueller | 17:12 |
| Darryl Whitney | 17:14 |
| Steve MacNeil | 17:23 |
| Brian Bigelow | 17:26 |
| Ryan Condon | 17:28 |
| Jim Belanger | 18:27 |
| Jim Hansen | 18:35 |
| Craig Condon | 18:36 |
| Bryan O'Donnell | 18:59 |
| Peter Venditoui | 19:00 |
| Rob Holt | 19:09 |
| David Havron | 19:20 |
| Nicole Slane | 19:28 |
| Lori Lambert | 19:33 |
| Heidi Havron | 19:54 |
| Tom Conley | 20:02 |
| Steve Beaton | 20:07 |
| Patrick Scott | 20:09 |
| Steve Moland | 20:14 |
| Lindsey Burkhardt | 20:20 |
| Bill Spencer | 20:23 |
| Adrian Pike | 20:28 |
| Katie Parodi | 20:50 |
| Samantha Moland | 20:51 |
| Mike Merra | 20:55 |
| Allan Rube | 21:01 |
| Matt Harkins | 21:05 |
| Pamela Hall | 21:21 |
| Michelle Weysham | 21:26 |
| Colleen Gilbert | 21:39 |
| Harry Ward | 21:57 |
| Kathy Johnson | 22:00 |
| Richard MacDonald | 22:07 |
| Sydney Moland | 22:19 |
| Rich Claar | 22:24 |
| Bill Juris | 22:27 |
| Joeselyn Hall | 22:28 |
| Dan Sicard | 22:37 |
| Jim Ecke | 22:39 |
| Samantha Buechner | 22:48 |
| Charles Gianotti | 22:57 |
| Stephanie Pintal | 23:22 |
| Allison Pintal | 23:25 |
| Chris Merra | 23:29 |
| Priscilla Flynn | 23:33 |
| Chet Kalish | 23:38 |
| Brittany Plante | 23:49 |
| Gary McCoy | 24:32 |
| Marc Pintal | 24:51 |
| Lauren Atkinson | 24:52 |
| Kathie Roy | 25:01 |
| Judi Moland | 25:05 |
| Linda Madden | 25:11 |
| Peg Turcotte | 25:18 |
| Julie Baker | 25:36 |
| Blair Condon | 25:47 |
| Susan Rube | 25:52 |
| Paul Tobin | 26:00 |
| Robin Hickey | 26:01 |
| Cathy Merra | 26:02 |
| Ken Poulin | 26:05 |
| Kellie Oberholtzer | 26:12 |
| Judy Slane | 26:36 |
| Rick Schnable | 26:49 |
| Chris Claar | 26:50 |
| Suzanne Pintal | 26:54 |

| | |
|-------------------|-------|
| Barbara Sage | 27:08 |
| Michael Amarello | 27:16 |
| Patricia Smith | 27:51 |
| Bob Welts | 28:44 |
| Sue Picard | 28:48 |
| Patrick McGrath | 28:51 |
| Peggy Labrosse | 28:52 |
| Amy Defazio | 28:53 |
| John Labrosse | 28:53 |
| Karl Patmode | 30:27 |
| Al Broggi | 30:46 |
| Joyce Oberholtzer | 31:00 |
| Brian Withers | 31:02 |
| Chuck Rossier | 32:21 |
| Gale Taylor | 33:54 |
| Carol Carson | 35:11 |
| Teresa Kolb | 38:29 |

Jennifer Finney 5 Miler Boxford, MA 7/4/00

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| Nick Anastasi | 51:18 |
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Four On The Fourth Bridgeton, ME 7/4/00

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|----------------|-------|
| Michael Dodge | 28:42 |
| Robert Johnson | 34:15 |

Four on the Fourth York, ME 7/4/00

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|--|-------|
| <i>Jane Levesque 1st Place Senior</i> | |
| Warren Hunter | 26:03 |
| Jane Levesque | 32:16 |
| Marjorie Morse | 33:57 |
| Walter Shyska | 33:58 |
| Mary Ulinski | 35:46 |

Red Rooster Ramble 5 Miler #1 Warren, RI 7/6/00

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|------------------|-------|
| Charles Gianotti | 22:45 |
| Maurice Noonan | 29:58 |

Westford Academy 3.6 Miler #5 Westford, MA 7/6/00

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| <i>Liane Pancoast 1st Place Master</i> | |
| Jim Rhoades | 20:25 |
| Mike Hagerty | 22:37 |
| Liane Pancoast | 23:52 |
| Bill Clark | 23:55 |

Pat Polletta 5 miler

Newburyport, MA 7/7/00

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| <i>Louise Rosetti 1st Place 70+</i> | |
| Nick Anastasi | 49:07 |
| Louise Rosetti | 57:28 |

Balloon Festival 5K Hillsboro, NH 7/7/00

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|---|-------|
| <i>Kevin Beck 1st Place Submaster</i> | |
| <i>Zachary Emerson 1st Place 13-16</i> | |
| <i>Dave Birse 1st Place Master</i> | |
| <i>Nicole Slane 1st Place Under 13</i> | |
| <i>Joey Rizzo 1st Place Under 13</i> | |
| Kevin Beck | 16:27 |
| Keith Kelly | 16:56 |
| Zachary Emerson | 17:43 |
| Dave Birse | 18:33 |
| Nicole Slane | 19:45 |
| Peter Darasz | 22:17 |
| Joey Rizzo | 22:42 |
| Casey Darasz | 23:21 |

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|----------------|-------|
| Sydney Moland | 23:21 |
| Judy Slane | 26:28 |
| John Jarzombek | 26:54 |
| Ken Beach | 28:26 |

Bradford 5K Bradford, NH 7/8/00

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|------------|-------|
| Dave Birse | 18:21 |
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Harbour Trail 5K Portsmouth, NH 7/8/00

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| <i>Louise Rosetti 1st Place 70+</i> | |
| Andrew Najberg | 21:54 |
| Charles Gianotti | 22:34 |
| Jane Levesque | 23:56 |
| Mary Ulinski | 27:18 |
| Nick Anastasi | 30:10 |
| Louise Rosetti | 35:24 |

Amherst 10K Amherst, NH 7/8/00

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|---|--|
| <i>Katie Parodi 1st Place junior</i> | |
| <i>Melissa Ayotte 1st Place Open</i> | |
| <i>Tom Astolfi 1st Place Master</i> | |
| <i>Claudette Stone 1st Place Master</i> | |
| <i>Heidi McGaffigan 1st Place Senior</i> | |
| <i>Bill Springer 1st Place Veteran</i> | |
| <i>Louise Rosetti 1st Place 70+</i> | |

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|------------------|-------|
| Jim Quadros | 35:08 |
| Tom Astolfi | 36:12 |
| James Henmueller | 36:32 |
| Rich Stockdale | 37:16 |
| Jim Rhoades | 37:53 |
| Joseph Blouin | 38:02 |
| Brian Bigelow | 38:04 |
| Jim Hansen | 38:38 |
| Dave Camire | 38:42 |
| Peter Hebert | 39:44 |
| Bill Springer | 40:11 |
| Steve Flynn | 40:26 |
| Steven Beaton | 41:12 |
| Chris Howard | 41:13 |
| Peter Viggers | 41:53 |
| Tom Conley | 42:22 |
| Adrian Pike | 42:28 |
| Dave Contrada | 42:50 |
| Allan Rube | 43:01 |
| Elizabeth Vachon | 43:30 |
| Melissa Ayotte | 43:55 |
| Shawn Hill | 43:56 |
| Yuki Minami | 45:13 |
| Heidi McGaffigan | 46:07 |
| Katie Parodi | 46:13 |
| Lisa Maynard | 46:54 |
| Jim Ecke | 47:04 |
| Claudette Stone | 47:26 |
| Andy Prolman | 47:44 |
| David Delay | 48:21 |
| Shu Minami | 48:30 |
| Kevin Reynolds | 48:31 |
| Chet Kalish | 48:58 |
| Sandy Machall | 50:01 |
| Kathy Cray | 50:54 |
| Susan McIlvane | 51:16 |
| Ed Donovan | 52:14 |
| Peg Turcotte | 52:27 |
| Lauren Atkinson | 52:35 |
| Stephen Bosowski | 54:30 |
| Jeannie Ferreira | 54:46 |
| Joey Rizzo | 54:52 |

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|--------------------|-------|
| Russell Kendall | 55:45 |
| Peggy Labrosse | 55:52 |
| Andrew McQuaid | 59:52 |
| Rosalie McQuaid | 60:52 |
| John Labrosse | 60:55 |
| Mary Minami | 61:02 |
| Robert Giggi | 65:36 |
| Michael Whelton | 69:35 |
| Kimberly Humphreys | 84:26 |
| Louise Rosetti | 84:26 |

Amherst 1 Miler Amherst, NH 7/8/00

Anthony Merra 1st Place Overall Nicole Slane 1st Place Overall

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| Anthony Merra | 5:42 |
| Nicole Slane | 5:49 |
| Chris Merra | 6:21 |
| Brittany Plante | 6:44 |
| Caitlin Plante | 7:11 |
| Ian McQuaid | 7:16 |
| Joe Viggers | 7:21 |
| Alexandra Hebert | 7:22 |
| Ryan Cray | 7:39 |
| Bryan Blouin | 9:42 |
| Alex Blouin | 9:43 |
| Douglas McQuaid | 10:06 |
| Gordon McQuaid | 10:26 |
| Katie Viggers | 10:35 |
| Jackie Geisler | 12:31 |

Skyline Trail 7.2 Miler Milton, MA 7/8/00

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|---------------|---------|
| Thomas Parker | 1:20:45 |
|---------------|---------|

San Francisco Marathon San Francisco, CA 7/8/00

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| Dave Beauley | 2:35:14 |
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Hugh Holt Memorial 5 Miler Raymond, NH 7/9/00

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|---|--|
| <i>Benjamin Read 1st Place Overall</i> | |
| <i>Samantha Moland 1st Place Overall</i> | |
| <i>Jason Farr 1st Place Submaster</i> | |
| <i>Steve Moland 1st Place Senior</i> | |
| <i>Kathy Johnson 1st Place Submaster</i> | |
| <i>Donna Lemay 1st Place Senior</i> | |
| <i>Louise Rosetti 1st Place 70+</i> | |

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|-----------------|-------|
| Benjamin Read | 29:36 |
| Jim Belanger | 31:32 |
| Walter Swanbon | 32:58 |
| Damian Rowe | 33:46 |
| Jason Farr | 34:44 |
| Steve Moland | 36:01 |
| Samantha Moland | 36:29 |
| Kathy Johnson | 37:37 |
| Donna Lemay | 38:37 |
| Traci Swanbon | 38:45 |
| Aline Kenney | 39:23 |
| Terrence Kenney | 41:38 |
| Judi Moland | 41:58 |
| Nick Anastasi | 58:33 |
| Louise Rosetti | 60:14 |

Marathon Sports 5 Miler Wellesley, MA 7/13/00

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|-----------------|-------|
| Maurice Noonan | 52:52 |
| Julianne Noonan | 56:48 |

Race Results

Great Legs 5K

Lowell, MA 7/14/00

Louise Rosetti 1st Place 70+

7th Place Open Team

3rd Place Master Team

| | |
|--------------------|-------|
| Liane Pancoast | 20:21 |
| Heidi Havron | 20:28 |
| Carol Robichaud | 21:15 |
| Pamela Hall | 21:27 |
| Michelle Weysham | 21:38 |
| Kim McAuliffe | 21:54 |
| Joselyn Hall | 21:55 |
| Kathy Johnson | 22:00 |
| Allison Pintal | 22:19 |
| Sydney Moland | 22:23 |
| Kathy Kirby | 22:24 |
| Samantha Buechner | 22:29 |
| Julie Hanover | 22:32 |
| Heidi McGaffigan | 22:39 |
| Stephanie Pintal | 22:59 |
| Terri Beiter | 23:09 |
| Kellie Oberholtzer | 23:36 |
| Laurie Kofstad | 24:29 |
| Lynn Lutz | 25:15 |
| Linda Madden | 25:34 |
| Pat Kiesselbach | 26:07 |
| Marjorie Morse | 26:24 |
| Kim Humphreys | 26:41 |
| Sharon McAuliffe | 26:49 |
| Emily Strong | 26:58 |
| Robin Hickey | 27:08 |
| Lisa Christie | 27:12 |
| Suzanne Pintal | 27:57 |
| Susan Picard | 28:44 |
| Patricia Smith | 28:53 |
| Mary Minami | 28:59 |
| Joyce Oberholtzer | 29:30 |
| Kathleen Treggiari | 31:43 |
| Debra Anctil | 31:51 |
| Megan Seymour | 33:22 |
| Karla Seymour | 33:33 |
| Ellen Woodward | 33:25 |
| Lora Woodward | 33:26 |
| Susan Rube | 34:29 |
| Becky Sargent | 37:18 |
| Sally Sargent | 37:19 |
| Louise Rosetti | 38:35 |

Bill Luti Memorial 5 Miler

Concord, NH 7/15/00

2nd Place Overall Team

2nd Place Male Open Team

2nd Place Male Masters Team

3rd Place Male Seniors Team

1st Place Male Veterans Team

2nd Place Female Open Team

3rd Place Female Masters Team

3rd Place Female Seniors Team

James Henmueller 1st Place 40-44

Jack Kick 1st Place 65-69

Nicole Slane 1st Place Under 16

| | |
|----------------------|-------|
| Keith Kelly | 27:15 |
| Mackenzie Kilpatrick | 27:45 |
| James Henmueller | 28:04 |
| Patrick Scott | 28:19 |
| Thompson Parker | 28:37 |
| Issac Rattin | 28:37 |
| Zach Emerson | 29:29 |
| Joshua Graffam | 29:40 |

| | |
|--------------------|-------|
| Dave Birse | 29:58 |
| Erik Fey | 30:07 |
| Stephen Ulicny | 30:16 |
| Tom Kolb | 31:08 |
| Bill Springer | 32:09 |
| Jim Roche | 32:49 |
| Eric Stepick-Ayers | 33:03 |
| Allan Rube | 33:50 |
| Nicole Slane | 33:58 |
| Dave Contrada | 34:06 |
| John Snell | 34:26 |
| Gerry Duval | 34:29 |
| Jack Kick | 34:39 |
| David Wendt | 34:52 |
| Bill Juris | 34:59 |
| Andrew Najberg | 36:04 |
| Bill Engle | 36:42 |
| Daniel Mitton | 37:22 |
| Charles Gianotti | 37:59 |
| Traci Swanbon | 38:06 |
| Skip Cleaver | 38:50 |
| Allyson Snell | 39:19 |
| Joey Rizzo | 39:44 |
| Ed Donovan | 40:37 |
| Robin Bryant | 42:42 |
| Katherine Allen | 43:13 |
| Jeannie Ferreira | 44:24 |
| Judy Slane | 44:48 |
| Cheryl Yoos | 45:12 |
| Kathy Engle | 45:23 |
| Linda Roche | 56:17 |

Exeter Kiwanis 5K

Exeter, NH 7/15/00

Louise Rosetti 1st Place 70+

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|----------------|-------|
| Matt Cahalane | 16:50 |
| Bob Lemay | 25:01 |
| Judi Moland | 25:22 |
| Nick Anastasi | 29:46 |
| Maurice Noonan | 30:18 |
| Louise Rosetti | 36:50 |

Exeter Kiwanis 10K

Exeter, NH 7/15/00

Donna Lemay 1st Place Senior

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|-----------------|-------|
| Donna Lemay | 47:49 |
| Jane Levesque | 50:06 |
| Julianne Noonan | 72:35 |

Jason Hussey 5K

Greenland, NH 7/15/00

Maurice Noonan 29:42

Lowell YMCA Triathlon

Lowell, MA 7/16/00

Carl Murphy 1:46:25

East End Club 5 Miler

Lowell, MA 7/16/00

Matt Kalish 1st Place Junior

Louise Rosetti 1st Place 70+

| | |
|----------------|-------|
| Matt Kalish | 27:20 |
| Jim Rhoades | 29:11 |
| Dave Lapierre | 29:26 |
| Jim Stronach | 29:42 |
| James Garrett | 32:45 |
| Liane Pancoast | 33:07 |
| Ed Pancoast | 34:41 |
| Chet Kalish | 37:22 |

| | |
|-----------------|-------|
| Joey Rizzo | 38:14 |
| Tom Raiche | 39:20 |
| Skip Cleaver | 39:33 |
| Ken Robichaud | 39:40 |
| Joe Suslovitch | 41:09 |
| Brian Withers | 42:33 |
| Mary Minami | 45:43 |
| Shu Minami | 45:44 |
| Nick Anastasi | 51:16 |
| Maurice Noonan | 51:57 |
| Julianne Noonan | 57:05 |
| Kevin Burns | 58:52 |
| Louise Rosetti | 62:05 |

Chase Corporate Challenge 3.5M

Stamford, CT 7/18/00

BJ Bottomley 18:55

Westford Academy 3.6 Miler #7

Westford, MA 7/20/00

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|--------------|-------|
| Jim Rhoades | 20:57 |
| Mike Hagerty | 22:41 |
| Bill Clark | 24:02 |

Sugar Bowl 5 Miler

Dorchester, MA 7/20/00

Louise Rosetti 1st Place 70+

| | |
|-----------------|-------|
| Maurice Noonan | 50:14 |
| Julianne Noonan | 53:22 |
| Louise Rosetti | 61:00 |

Tony Sapienza Memorial 5K

Haverhill, MA 7/21/00

Tom Doody 1st Place Overall

Matt Cahalane 1st Place Open

| | |
|---------------|-------|
| Tom Doody | 15:44 |
| Matt Cahalane | 16:37 |
| Paul Ahem | 18:50 |

Tony Sapienza Memorial 5M

Haverhill, MA 7/21/00

Louise Rosetti 1st Place 70+

| | |
|-----------------|-------|
| Joey Rizzo | 38:59 |
| Ken Robichaud | 39:00 |
| Maurice Noonan | 52:28 |
| Nick Anastasi | 54:17 |
| Julianne Noonan | 54:47 |
| Louise Rosetti | 59:46 |

Old Home Days 10K

Deering, NH 7/22/00

Zach Emerson 1st Place Junior

Dave Birse 1st Place Master

Andrew Najberg 1st Place Senior

| | |
|----------------|-------|
| Zach Emerson | 39:13 |
| Dave Birse | 39:57 |
| Jim Roche | 44:56 |
| Andrew Najberg | 47:49 |
| John Jarzombek | 60:48 |

AmeriBrew 5K

Derry, NH 7/22/00

Joey Rizzo 1st Place 10-12

Louise Rosetti 1st Place 70+

| | |
|------------------|-------|
| James Henmueller | 17:32 |
| Bruce Lutz | 19:05 |
| Colleen Gilbert | 20:38 |
| Michael Dodge | 21:20 |
| Allan Rube | 21:39 |

| | |
|------------------|-------|
| Charles Gianotti | 23:06 |
| Chet Kalish | 23:35 |
| Joey Rizzo | 24:11 |
| Daniel Mitton | 24:16 |
| Ed Donovan | 24:53 |
| Maurice Noonan | 33:13 |
| Nick Anastasi | 33:59 |
| Julianne Noonan | 35:40 |
| Louise Rosetti | 38:25 |

Clam Festival 5 Miler

Yarmouth, MA 7/22/00

Garry Gauthier 36:58

St. Mary's Feast 5.5 Miler

Cranston, RI 7/22/00

Jim Quadros 1st Place Overall

Jim Quadros 29:16

Jeffrey Trow 5K

Taunton, MA 7/23/00

| | |
|-----------------|-------|
| Maurice Noonan | 30:32 |
| Julianne Noonan | 34:36 |

Goshen Gallop 10K CC

Goshen, VT 7/23/00

Bill Springer 1st Place Veteran

| | |
|---------------|-------|
| Bob Zock | 49:23 |
| Bill Springer | 49:28 |

(Continued from page 16)

for that assignment even if I wanted to volunteer. Removing the fence was swift and we are now faced with wide-open PeachTree street, and it was finally our turn to march up to the start-line.

The placard carried by our official was swung to STOP as he reached the start-line, and we were greeted by the race director and dignitaries from the podium, and entertained by live music band. The race clock on the podium already passed 20 minutes, but there was no sign of jitter among the runners or officials. Several seconds before the race clock reached 27 minutes, the starter raised his hand and started the count down. We were told to subtract 27 minutes from our finishing time on the finish-line clock, and that will be our official finishing time. It was that simple. However, the process of determining the official finishing time was not so straight-forward for the seeded runners. They had to wear a Champion Chip which added a few extra grams on one of their shoes, and had to remember returning it before receiving the coveted PeachTree T-shirt, and had to look into the website to find their time.

Although the course is described as 'hilly and challenging' in the application form, it is more accurate to call it as a 'big dip'. It steadily goes down about three miles from the start-line at Lenox Square to the bottom of the dip (where I found the life saving Burger King on the left-hand side of the street. No!. I didn't stop for a cheese burger.), and then gently goes up to the PeachTree and 10th street intersection.

About ¼ mile from here to the finish-line on 10th street is a gentle down-hill which would be perfect for a final dash in a normal 10K race.

At the PeachTree 10K for a runner with fifty thousand order bib number, however, it was a slow jog weaving through thousands of walkers who somehow received as young as ten thousand order bib numbers. Since the T-shirt is given to the finishers with less than 65 minutes after the last person in the last pen crossed the start-line, it is critical for a walker to start in a pen with as low number as possible. And there were a lot of walkers when I reach this point. Nevertheless, I ran the entire course at the pace pretty close to what I originally anticipated, thanks to the unique and efficient starting procedures. Both sides of the PeachTree Street were covered with loud-cheering spectators, and some of them were sowing southern hospitality by offering doughnuts, pins, fans, or whatever they had. Water stations were set up at ever ½ mile, and they were manned with a lot of volunteers. Even though it was unexpectedly cool weather, I took two cups of water at every water station, precisely obeying the race instructions, and I ended up tying my 10K PeeR. Incidentally, there was no Portajohns placed on the course but there were many familiar fast-food restaurants if you look around. Mary apparently visited International House of Pancake at mile one. I chose Burger King.

The finish-line area was unbelievably non-chaotic for the number of runners going through every second. I didn't have to worry about being passed by someone in

the chute, or needed to show the bib number to the finish-line officials since there was no chute. All I had to do was to look up the huge clock over the finish-line and make a quick math to deduct 27 minutes from the official time to come up with my finishing time. I could have deducted another few minutes if I had kept the time I spent at the pit stop.

The scene at the Piedmont Park after the finish-line area was as organized and awesome as the start-line scene was. It almost looked like a slow moving, multi-colored molasses is poured into a fan-shaped pan, and spreading toward the edge where huge alphabetical family meeting balloons were floating in the sky. It was truly amazing sight. I could not help taking a few snapshots with the Kodak Instamatic I was carrying in my fanny pack. All five of us found each other one by one as we finished under the balloon M without any problem, and we embraced each other with the joy of finishing the world largest 10K race, and the joy of receiving the PeachTree 2000 T-shirts. When we were walking back to the subway station through the beautiful park, Yasuo and Chieko were already talking about the next year's PeachTree 10K as their family tradition. Probably all of their other three children will join too, and Mary and I will have a good excuse for visiting them again.

Official PeachTree 2000 Race Results:

| | |
|------------------------|-------|
| Winner, Men Overall: | |
| Alene Emere (Kenya) | 28:04 |
| Winner, Women Overall: | |
| Lomah Kiplagat (Kenya) | 30:52 |

| | |
|----------------------------|---------|
| Yoshi Matsuzawa (Atlanta) | 48:00 |
| Yasuo Matsuzawa (Atlanta) | 53:50 |
| Shu Minami (Nashua) | 54:50 |
| Chieko Matsuzawa (Atlanta) | 1:04:12 |
| Mary Minami (Nashua) | 1:07:48 |



Anne Cavey recently moved back to her home state of Maryland. Anne brought her smile to many Strider events and was a regular volunteer. We'll miss both her cheerful personality, and her green parties.

August 2000

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------|--|--------------------------------|---|---|--------|---|
| | | 1 Yankee Homecoming 10 mile | 2 6:00 PM Track Workouts Hash Run | 3 6:00 PM PAL Kids Track | 4 | 5 |
| 6 | 7 PAL Kids Track 6:00PM | 8 | 9 6:00 PM Track Workouts | 10 6:00 PM PAL Kids Track Healthcare 5K | 11 | 12 Belmont 10 mile NHGP |
| GCS HOTLINE 880-9479 | | | | | | |
| 13 Club Triathlon | 14 E Board PAL Kids Track 6:00PM | 15 | 16 6:00 PM Track Workouts Club Meeting Yogurt Nite | 17 6:00 PM PAL Kids Track Saunders 10k | 18 | 19 Old Home Days 5k Londonderry Twilight 8k Brookline |
| 20 Golf Outing | 21 PAL Kids Track 6:00PM | 22 | 23 6:00 PM Track Workouts | 24 6:00 PM PAL Kids Track | 25 | 26 |
| 27 | 28 PAL Kids Track 6:00PM | 29 | 30 6:00 PM Track Workouts | 31 6:00 PM PAL Kids Track | | |
| GCS WEB PAGE WWW.GATECITY.ORG | | | | | | |

September 2000

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---------|--|-------------------------|--------|---|
| | | | | | 1 | 2 |
| 3 | 4 Francestown 5 mile St Charles 5k | 5 | 6 6:00 PM Track Workouts | 7 Pal Kids Workouts | 8 | 9 Franconia 10k NHGP Millyard 5k |
| GCS HOTLINE 880-9479 | | | | | | |
| 10 Brewery Exchange 5K NEGP | 11 E Board Pal Kids Workouts | 12 | 13 6:00 PM Track Workouts | 14 Pal Kids Workouts | 15 | 16 Chips 5k Manchester |
| 17 | 18 Pal Kids Workouts | 19 | 20 6:00 PM Track Workouts Club Meeting | 21 Pal Kids Workouts | 22 | 23 Lake Winnepesaukee Relay |
| 24 1/2 Way to St Patts 8k Manchester | 25 Pal Kids Workouts | 26 | 27 6:00 PM Track Workouts | 28 Pal Kids Workouts | 29 | 30 |
| GCS WEB PAGE WWW.GATECITY.ORG | | | | | | |

October 2000

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--------------------------------------|---------|---|----------------------------|--------|---------------------------------|
| 1 Ro Jacks 8k NEGP | 2 Pal Kids Workouts | 3 | 4 6:00 PM Track Workouts | 5 Pal Kids Workouts | 6 | 7 Applefest |
| GCS HOTLINE 880-9479 | | | | | | |
| 8 Great Island 5k New Castle | 9 E Board Pal Kids Workouts | 10 | 11 6:00 PM Track Workouts | 12 Pal Kids Workouts | 13 | 14 Bridges 10k Portsmouth |
| 15 Run For Shelter 5k Manchester | 16 Pal Kids Workouts | 17 | 18 6:00 PM Track Workouts Club Meeting | 19 Pal Kids Workouts | 20 | 21 |
| 22 | 23 Pal Kids Workouts | 24 | 25 6:00 PM Track Workouts | 26 Pal Kids Workouts | 27 | 28 |
| GCS WEB PAGE WWW.GATECITY.ORG | | | | | | |
| 29 Cape Cod Mara- thon NEGP Shirt Factory 8k NHGP | 30 Pal Kids Workouts | 31 | | | | |

November 2000

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---------------|---------|--------------------|----------|--------|---|
| | | | 1 | 2 | 3 | 4 |
| 5 Santa Fund 5k | 6 | 7 | 8 | 9 | 10 | 11 |
| GCS HOTLINE 880-9479 | | | | | | |
| 12 NE Jr Olympics NE XC Championship | 13 E Board | 14 | 15 Club Meeting | 16 | 17 | 18 |
| 19 Novemberfest | 20 | 21 | 22 | 23 | 24 | 25 Natl Masters 10k XC Salmon Brook 5k |
| GCS WEB PAGE WWW.GATECITY.ORG | | | | | | |
| 26 | 27 | 28 | 29 | 30 | | |



Gate City Striders Membership Application Form

This is a (circle one) : New Membership Membership renewal

Membership type (circle one) : Single(\$20) Family(\$25)

Last Name _____ First Name _____ M/F ____ DOB _____

Last Name _____ First Name _____ M/F ____ DOB _____

Last Name _____ First Name _____ M/F ____ DOB _____

Last Name _____ First Name _____ M/F ____ DOB _____

Address _____

City _____ State ____ Zip _____

Home Tel _____



Optional (we won't hold you to the next 2 items!)

I'd like to volunteer at GCS events(Yes/No): _____

I'd like to help with the newsletter(Yes/No): _____

I know that running, volunteering at club races and participating in Gate City Striders events are potentially hazardous activities. I should not enter and run or participate in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race or club official relative to my ability to safely complete the run or to take part in the event. I assume all risks associated with running and volunteering in club races and activities including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Gate City Striders Inc. and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature required for all persons on this application (Signature of parent or guardian if under age 18).

Name _____ Signature _____ Date _____

Name _____ Signature _____ Date _____

Name _____ Signature _____ Date _____

GATE CITY STRIDERS
PO Box 3692
Nashua, NH 03061

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